



Adams County 4-H Scrapbooking Manual



Adapted from Weld County and Boulder County Scrapbooking Manual

ADAMS COUNTY SCRAPBOOKING PROJECT AND EXHIBIT REQUIREMENTS

ALL MEMBERS MUST:

- ✓ COMPLETE THE PROJECT REQUIREMENTS AND E-RECORD
- ✓ GIVE A DEMONSTRATION
- ✓ PARTICIPATE IN 1 JUDGING ACTIVITY
- ✓ PARTICIPATE IN 1 COMMUNITY SERVICE PROJECT
- ✓ ALBUM SIZES MUST BE AT LEAST 8"X11" AND NO LARGER THAN 12"X12"
- ✓ SCRAPBOOK MUST BE LABELED WITH THE MEMBER'S NAME, CLUB, AND 4-H AGE
- ✓ PAGES MUST BE DISPLAYED IN PAGE PROTECTORS

JUNIOR EXHIBIT REQUIREMENTS

- ✓ A COMPLETED E-RECORD
- ✓ EXHIBIT OF 6 PAGES (3 FRONT AND BACK) SECURED BETWEEN A FRONT AND BACK COVER
- ✓ JOURNALING REQUIREMENTS: LABEL PHOTOS AND MEMORABILIA WITH NAMES, DATES, PLACES, ETC.

INTERMEDIATE EXHIBIT REQUIREMENTS

- ✓ A COMPLETED E-RECORD
- ✓ EXHIBIT OF 8 PAGES (4 FRONT AND BACK) SECURED BETWEEN A FRONT AND BACK COVER
- ✓ JOURNALING REQUIREMENTS: LABEL PHOTOS AND MEMORABILIA WITH NAMES, DATES, PLACES, ETC. AND CAPTURE MEMORIES WITH CAPTIONS OR WORDS RECORDING THE HAPPENINGS OF THE PHOTOS OR MEMORABILIA.

SENIOR EXHIBIT REQUIREMENTS

- ✓ A COMPLETED E-RECORD
- ✓ EXHIBIT OF 10 PAGES (5 FRONT AND BACK) SECURED BETWEEN A FRONT AND BACK COVER
- ✓ JOURNALING REQUIREMENTS: LABEL PHOTOS AND MEMORABILIA WITH NAMES, DATES, PLACES, ETC. AND CAPTURE MEMORIES WITH CAPTIONS OR WORDS RECORDING THE HAPPENINGS OF THE PHOTOS OR MEMORABILIA AND STORY-TELLING WRITING THOUGHTS AND FEELINGS AND TELLING A COMPLETE STORY OR MEMORY ON EACH PAGE. NOT EVERY PHOTO HAS A COMPLETE STORY, SO CHOOSE THOSE DESERVING OF STORYTELLING WHEN THINKING OF PAGE DESIGNS. IT IS OKAY TO PUT SEVERAL PHOTOS ON A PAGE AND JUST USE ONE OF THEM TO TELL A STORY, AND LABEL OR CAPTION THE OTHERS ON THE PAGE.

THE ART OF SCRAPBOOKING

WHY?

Not only is it fun, but a great creative outlet. Imagine! All your photos in the same place, in order and organized. It is a great conversation piece. Additionally, it will preserve your precious photos for future generations. You can make this project as easy, or as difficult as you like. The options are tremendous.

SOUNDS LIKE FUN! WHERE DO I BEGIN?

Get your photos together. Sort them by years, then months, then narrow it down to individual events and holidays. Use sticky notes to make notes for groups of photos to trigger memories. This will give you a place to begin. At first this will seem overwhelming, but in smaller doses, becomes much easier to tackle. You may even want to set aside some time each week to work on your scrapbook. You'll want to use your best pictures for this album, so throw out or plan to re-store photos that are damaged, duplicate or inferior.

MY PHOTOS ARE SORTED. WHAT ARE SOME IMPORTANT THINGS I NEED TO KNOW BEFORE I BEGIN?

Frequently used terms:

- ❖ Photo Safe: Products used to prevent discoloration or deterioration of photos.
- ❖ Archival Quality: Refers to the permanency, durability and chemical stability of products used for preservation of photos.
- ❖ Acid Free: Acids in paper products can weaken them causing brittleness and discoloration. This is the brown color you see on old paper. Use products that are labeled Acid Free to ensure safety of your precious photos.
- ❖ Lignin Free: Lignin is a natural chemical found in leafy plants. It is known to cause chemical degradation in photos. This is the yellowing that appears on old papers, such as newspapers and other documents. Lignin can now be removed during paper manufacture. Watch out for products that are not labeled as Lignin Free.
- ❖ Mylar: (polyester) is regarded as the highest quality material used as a protective clear covering for photos and album pages.
- ❖ Buffered: This process aids in preventing paper from absorbing the acid from other miscellaneous memorabilia you may use in your album. The use of buffered paper may aid in preservation of your valuable photos.
- ❖ PVC: Polyvinyl Chloride, a chemical used in some page protectors, which may erode, causing photos to discolor, fade, and deteriorate. Don't use page protectors that may contain this chemical.

Remember, there are no standards in the market for Photo Safe, Archival Quality, Acid Free, and Lignin Free products. Just because the products are labeled so, be sure to read the fine print.

WHAT DO I NEED TO GET STARTED?

The art of Scrapbooking has exploded. There are so many items currently on the market I cannot begin to name them all. Once you get started, you may never stop finding new items. Here are a few items that will get you started:

- ❖ **An album:** Size and Style are personal preference. They also vary in prices as well. Covers come in cloth, wood, leather, and vinyl. Spiral Bound, Post Bound, Strap Style, and 3-ring Binders are among the different styles available. Spiral Bound books have a fixed number of pages and would be perfect for theme type books. They also lie flat when open, however; generally come in only a single page color and you cannot add more pages later. Post Bound, Strap, and 3-ring all have a great common factor. You can add and remove pages at any time. Post Bound come with small screw-like posts that hold the page protectors in place. Strap Style comes with special pages with a metal edge and small staples in the side and uses a plastic strap to hold them securely inside a binder. Finally, you can look at 3-ring Binders, like the ones you use in school. Expect to invest \$20.00 or more for a nice book.
- ❖ **Page protectors:** These are a must and come in top and side loading. The basic pages range in sizes and can be 6" x 6", 8 ½" x 11", 12" x 12", and 12" x 15".
- ❖ **Cardstock:** Some albums don't require this, as they come with special pages. Others, such as top-loading page protector-types, will require cardstock. Cardstock comes in every color under the rainbow. Ensure your paper says it is photo safe, acid, and lignin free.
- ❖ **Background/Texture Papers:** There are several decorative papers available that are acid/lignin free to use to layer your pages and call attention to your photos. Some pages are so elaborate that other decorative touches are not needed. Others, like plaid, stripes, and dots, are fun to add for color and depth to your page. Depending on where you purchase these, you can find them in individual packages of multiple designs or individual pages.
- ❖ **Adhesive:** There are several on the market. Photo splits are made specially for mounting photos to your page. You can use acid free adhesive glue or specially packages mounting tape. Mounting corners are also great accessories.
- ❖ **Cutting Tools:** Straight edge scissors are a must. Decorative scissors, personal paper trimmers, and circle and oval cutters are also great accessories. When using decorative scissors, draw a light line on the reverse side of the paper you are cutting as a straight edge guide. Store these in a plastic bin or sewing box. Fiscars has developed a great cutter for straight edges that are decorative and have different edges that can be used with the same holder. Get creative!
- ❖ **Pens:** A black acid free permanent pen is a must for journaling. If you like, colored pens that are archival safe, waterproof, fade-proof, and pigmented are also available.
- ❖ **Ink Pads:** Pigmented ink pads are considered the best, as they are permanent and resist fading. However, dye inks are acceptable, as they are cheaper, and with proper care, should last as long as your photos.
- ❖ **Stickers:** (Acid/Lignin Free) Use for added decoration. There is a wide variety out there. They are great for lighting up, adding color, or to cover a mistake. Great details! Have fun, but remember, use moderation. Too many stickers can spoil the layout.
- ❖ **Die Cuts/Punches:** There are several great ideas on the market in die cuts. Backgrounds, frames, and corners of various shapes and sizes are just some of them. Special paper punches can also add great decorative finishes. Corners and various shapes like hearts, flowers, and teddy bears are great. (If your punch sticks, you can fix it by cutting wax paper several times with the punch or place a very small amount of oil on the metal area and punch several times. Be sure to clean it very good before using on your layout!) Store small extra punched cuts in a zip-lock bag for future quick uses.

OK! I HAVE EVERYTHING I NEED. NOW WHAT?

I like to start with a small group of photos. Perhaps special occasions, vacations, school field trips, baby showers, family picnics, weddings, reunions, sports events, etc...

I prefer to choose about 3-4 photos, depending upon their size, the size of the page I am working on and how busy I want to make the page.

Crop your photos: Think about the photo. If it's an old one, I suggest you leave it alone. Some photos have background that is distracting from the main idea or they are off center. You can use a shaped template, or just make it square, rectangle, or circular. Also, never cut a Polaroid photo due to chemicals inside the picture. You can create a mat from decorative paper to cover the ugly edges.

Create a balanced page. Start with a focal point and work around it. Experiment with color, shapes, and sizes. This will add to the theme. Keep the same theme for 2 adjacent pages. This will really be eye-catching.

Layer photos: I like to use background and textured papers (papers with designs) to add color and depth to my pages. I make them look like frames or just abstract designs.

Add decorative touches: These include, but are not limited to, stickers, rubber-stamp designs and die cuts.

I have added a few pages with sample templates to help get you started in photo placement. Design around the shapes of photos. Add your own color. Insert background paper for frames. Make mirror template images for a 2 page layout. Add design and personality to the samples any way you desire.

JOURNALING:

After you've created a great layout, it's time to add the personal touch. This is called Journaling. You can add short bullets that are brief (who, what, when, where) or add captions to the photos that are more complete sentences that share the story of the photo. In some instances, a paragraph that details the setting or includes thoughts, feelings, and memories of when the photo was taken is a great addition. Some pages will benefit from a poem, song lyric, Bible verse, or common saying. These can be anything you feel will add to the memories of the photos. Pay particular attention to the style of lettering used. Some pages benefit from your own handwriting and will show a personal touch. Others, you can use templates, stamps, or calligraphy to add elegance or whimsy to your page.

I'VE CREATED A GREAT ALBUM. HOW DO I STORE IT?

Storage is very important in protecting your photo treasures. Albums should be stored upright in a cool, dry place. Do not store albums lying down, stacked, or on an unsealed wooden shelf (it will contain lignin) or in an unsealed wooden box. Also, be sure your binders are not too tight. Albums should not be overstuffed. The pages could be damaged by pressure. Negatives should be stored in an envelope in a cool, dark place. Negatives and extra photos should be stored separately. This is extra protection in the event your original photos become damaged. You can easily make new photos from the negatives.

I HAVE FRIENDS THAT WANT TO GET INVOLVED TOO. WHAT CAN WE DO TOGETHER?

Organize a scrapbooking party. Have everyone bring their own materials, paper, scissors, inkpads, stamps, etc. and, of course, photos. Use the time to chat and use each other to help inspire creativity. Trade and borrow each other's tools. This hobby can be made affordable, if you have someone to split the costs of tools with. This is a great opportunity for groups, families and neighbors to get together and have fun.

ONE FINAL NOTE: THERE ARE NO LIMITS OTHER THAN YOUR OWN IMAGINATION. SO, GET CREATIVE, HAVE FUN, AND MAKE SURE TO SHOW OFF YOUR HARD WORK TO EVERYONE YOU KNOW. REMEMBER, WE ARE PRESERVING MEMORIES, NOT PHOTOS.

RESOURCES AND REFERENCES

Books

The Encyclopedia of Scrapbooking Tools & Techniques by Susan Pickering Rothamel, Sterling publishing Company, Inc.

My Creative Companion: The Ultimate Scrapbooking Resource by Becky Higgins, Primedia, Inc.

The Ultimate Scrapbooking Book by Rebecca Carter, Vanessa-Ann, Sandi Genovese, Lael C. Furgeson & Stephanie F. Taylor
Sterling Publishing Company, Inc.

Magazines (found in most Wal-Marts and craft/hobby stores)

Creating Keepsakes Magazine

Memory Makers Magazine

Scrapbooks, etc. Magazine

Simple Scrapbooks Magazine

General Scrapbooking Websites

www.allcrafts.net

www.creatingkeepsakes.com

www.hobbylobby.com

www.michaels.com

www.onescrappysite.com

www.scrapjazz.com

www.scrapbooking.about.com

www.scrapbooking.com

www.twopeasinabucket.com

Websites to Find Poems and Quotes

www.scrapbookingfocus.com

www.dennydavis.net

www.scrapbook.com

Websites to Purchase Scrapbook Supplies

www.addictedtoscrapbooking.com

www.creativeexpress.com

www.timestocherish.com

www.4hmall.org (4-H scrapbooking supplies)

Other Places to Purchase Scrapbook Supplies

Wal-Mart

Dollar Store (Dollar Tree, Family Dollar, etc.)

Hobby Lobby, Michaels, JoAnns

Some towns have specialty scrapbook stores. Check your local phone book









