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Celebrate Presidents' Day

Make your own Lincoln Penny Pendant that children can wear to celebrate Presidents' Day, Veterans' Day, July 4 or any patriotic holiday.

What you need:

- Construction paper (red, white and blue)
- White glue or a glue stick
- Scissors
- Hole punch
- String or yarn (red, white or blue)
- A shiny new penny

What you do:

- For each pendant, cut out 3 stars of slightly different sizes – one red, one white and one blue. White looks best in the middle.
- Glue the white star into the biggest star and then glue the smallest star on the white star. Glue a penny (Lincoln side up) in the middle of the stars.
- Punch a hole near the top of the stars. Thread a few feet of yarn through the pendant and wear it to celebrate Presidents' Day!



ARRESTED FOR GOOD!

Larry Hooker

I went "behind bars for good" on October 23 at Buca di Beppo and wasn't able to raise my full bail for the Muscular Dystrophy Association.

They let me off on probation for good behavior, and I need your help to raise the rest of my bail money! Please help me send 2 kids to MDA Summer Camp and reach my bail of \$1,300!!!

I'm only on probation for 30 days so time is ticking...

Do you like to cook? Are you enrolled in 4-H?

If so, this is the contest for you! Join us for the Creative Cooks Contest, 9 a.m., Saturday, Feb. 14, 2009 at the Arapahoe County Fairgrounds.

For guidelines and an entry form, see pages 14 - 18 of this newsletter. Entries are due in the office by Wednesday, Jan. 14, 2009. **No** late entries will be accepted.

Do you know a good buy when you see one?

If so, the Consumer Choices Contest is for you!

Join us on Saturday, Mar. 7, 2009, 8 a.m. at the Arapahoe County Extension Multi-Purpose Building.

For guidelines and an entry form, see pages 20 – 22 of this newsletter. Entries are due in the office by Monday, Feb. 23, 2009. **No** late entries will be accepted.

Contests held at Consumer Choices are Consumer Choices/Decision Making. Cloverbud activities for ages 5 – 7 are held in one area and include the same activities as those for older youth. Competition winners in the senior division have a chance to represent Arapahoe County at State 4-H Conference. Registration begins at 8 a.m. with the contest beginning at 8:30 a.m.



Extension Office

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Colorado State University,
U.S. Department of Agriculture and
Arapahoe County Cooperating.
Extension programs are available to all
without discrimination.





MEETINGS

Junior Leader Meetings

7 p.m., Jan. 12, 2009
7 p.m., Feb. 9, 2009
6 p.m., Mar. 9, 2009
CentrePoint Plaza (all 3 meetings)

District III Senate

7 p.m., Jan. 20, 2009
7 p.m., Feb. 23, 2009
Arapahoe County Extension

Fair Planning Committee Meetings

Jan. 21, 2009
Feb. 18, 2009
Arapahoe County Fairgrounds

4-H Advisory Council

March 11 – Extension Office
June 10 – Extension Office

4-H Horse Council

Feb. 19, 2009 6:30 p.m.
April 16, 2009
June 18, 2009
Centre Point Plaza

Mark Your Calendars for the Talent Show

Sunday, May 17, 2009
2 p.m.
Tentative Location: South Fellowship Church

Registration Deadline: April 27



4-H Leaders' Network

District 3 Leaders Council

Enhance your efforts as a leader by networking (techniques, skills/talents), creating opportunities (for skill development and mentoring), and strengthening communication (using various forms of media).

Join the Council for their next meeting, 7 p.m., Tuesday, Jan. 20, 2009 at the Arapahoe County Extension Office.

Participants: All leaders in Adams, Arapahoe, Denver, Douglas, Gilpin and Jefferson Counties.

Please contact Shaylen Florez at 303-730-1920 if you are interested.

Congratulations to the following volunteers who have completed their volunteer requirements! Karen Irwin, Karen Zareck, Nancy Woods and Jessie Hagen.

ATTENTION MEMBERS AND LEADERS!!!!

We still have MANY members and leaders who have not re-enrolled for the 2008 – 2009 4-H year. Re-enrollment is not automatic.

An enrollment form and permission form (for members) must be filled out and sent in with your enrollment fees each year in order to re-enroll in Arapahoe County 4-H. Even though the re-enrollment deadline (11/30/08) has passed, we will be more than happy to still accept your re-enrollment.

If you are planning on re-enrolling this year and have not yet sent in your paperwork, please do so ASAP. If you need more forms, call Jean at 303-730-1920 and she will send you more.

THIS COULD BE YOUR LAST NEWSLETTER

Don't let it happen to you.

If you have not re-enrolled in the Arapahoe County 4-H program as a member or leader, this will be your last mailing of the 4-H Pipeline. In March, the inactive list of members and leaders will be purged from the files.

If you plan to enroll in the Arapahoe County 4-H program this year, please call the 4-H office at 303-730-1920 immediately for an enrollment form.

Having fun at the 2008 Turkey Bowl!



4-H FOUNDATION NEWS

4-H WREATH SALE

Thirty seven 4-H members representing eleven 4-H Clubs along with 4-H Foundation members sold wreaths, centerpieces and garland in October for a total of \$13,437. After expenses, the estimated profit will be approximately \$4,800. The top selling 4-H club was Antelope Crossing, selling 91 items for a total of \$2,111 followed by the Smoky Hill and Bit of Class 4-H Clubs. Stephen Walton, member of the Walton Family 4-H Club, was the top selling individual with 31 items. In second place there was a three way tie between Tessa Haight, Haight Family 4-H Club; Amanda Vaughan, Windmill Creek 4-H Club and Ashtyn Reaugh, Pony Pals 4-H Club with each of these individuals selling 28 items. Congratulations to these individual 4-H members who received cash prizes.

Annual 4-H Foundation Meeting

At the October 15, 2008 annual meeting of the Arapahoe County 4-H Foundation the following officers were elected.

- President – Theresa Kollath
- Vice President – J.T. Choquette
- Recording Secretary – Jenise Conway
- Treasurer - Rita Campbell
- Corresponding Secretary – Kathy McDaniel
- Youth Representative – Lindsey Vincent

The Foundation's Ex-Officio Legal Secretary is Sid Overton and Investment Advisor is Melody Kollath.

The mission of the Arapahoe County 4-H Foundation is to provide financial resources and program support for 4-H youth and leaders of Arapahoe County on a sustaining basis. As a result they:

- Provide education, recognition and leadership opportunities for both leaders and youth
- Provide scholarships
- Financially enhance the scope of 4-H programs beyond that which public funds can provide
- Work with Colorado State University Extension to promote solid research-based 4-H programs
- Provide support for the recruitment and retention of 4-H members and leaders

The Arapahoe County 4-H Foundation raises funds through private sources. The Foundation sponsors a letter writing campaign asking 4-H alumni, 4-H families, businesses, Service Clubs and interested individuals for monetary contributions for 4-H. The Foundation also sponsors the Holiday Wreath/Garland Sale. Without these fundraising activities, the Arapahoe County 4-H Foundation would not be able to provide adequate funding for the 4-H educational program. The Foundation meets four times a year.

SHOOTING SPORTS SEGMENT

Shooting Sports Leader Certification Dates

Please check the website for certification dates and information. www.colorado4h.org/ss/article12212005.html

Shooting Sports Training Videos

Shooting Sports videos are available for county and club use. These videos can be checked out by the County Extension Office from CSU and are available on a first come, first serve basis. For a list of videos, call Larry at 303-730-1920.

Hunter Safety Classes

A Hunter Safety certificate is mandatory to participate in the Arapahoe County 4-H Shooting Sports program. For hunter safety classes and fees, call the Colorado Division of Wildlife at 303-291-7530.



CLUB FINANCIAL SUMMARY REQUIRED

Due: Jan. 31, 2009

A copy of your Club's 2008 FINANCIAL SUMMARY needs to be on file in the CSU Extension office. Please have a committee of three club members and one adult (not a leader) directly related to the club do the audit for your club's account and complete the form. The form will be mailed to all 4-H Club Organizational Leaders in December.

The form must be signed by the youth audit committee chairperson and the adult on the committee, dated and returned to the Extension Office. These forms are due to the Extension Office by Jan. 31, 2009. For more information, call the 4-H office, 303-730-1920.

ACTIVITIES/CONTESTS

4-H Member Leadership Development Conference

Jan. 24 – 25, 2009

All senior 4-H members (age 14-18 as of Dec. 31, 2008) are invited to attend the Leadership Development Conference, held in conjunction with the Senate/Leader meetings. There will be various workshops and also a community service project. This is a great opportunity for you to develop leadership skills, be involved at the state 4-H level and meet new friends! The 4-H Foundation offers partial reimbursement scholarships for first time attendees. 4-H staff are looking for event chaperones. Informational packets have been mailed to all qualifying 4-H members. The deadline for turning in your paperwork is Jan. 5, 2009!

Colorado 4-H Day

Monday, Jan. 26, 2009

The legislature will issue the Proclamation for 4-H Day. Tours of the Capitol will be available as well.

2009 Youth Fest - Ponderosa Camp

Feb. 13 – 15, 2009

Youth Fest is a leadership camp organized by the State 4-H Senate for 4-H'ers between the ages of 9 and 13. It is limited to the first 175 paying campers. More information will be available at a later date.

Western Regional 4-H Leaders Forum

Feb. 25 – March 1, 2009 in Denver, CO

For more information or to register, go to www.colorado4h.org/wrlf09/index.shtml

Fiber Fun Fest

9 a.m. – 4 p.m., Feb. 28, 2009

The Ranch, McKee 4-H Building (Larimer County Fairgrounds and Event Complex)

A no-cost day of demonstrations, hand-on workshops, and visiting vendor booths to learn more about fibers and their many uses (e.g. spinning, basket weaving, sewing & much more). For more information, call Kathy Wolfe at 970-498-6000.

IFYE Potluck

6 p.m., Monday, March 9, 2009

CentrePoint Plaza, Littleton Rooms, 14980 E. Alameda Dr. Aurora

Experience a trip to a different country without having to pack a bag! A 2008 IFYE delegate will be sharing her experiences. All 4-H members and families are welcome and are asked to bring a dish for the potluck.

Families whose last name begins with A – L please bring a main dish or salad. Families whose last name begins with M – Z please bring a side dish or dessert.

This event is hosted by the Arapahoe County Junior Leaders during their regular meeting time, which is the second Monday of every month. Please RSVP to Jean by March 5, 2009.



Speech and Demonstration Contest

9 a.m., Saturday, April 24, 2009
Arapahoe County Fairgrounds

This event includes speech, impromptu speech, demonstrations and horse demonstrations.

Cake Decorating Contest

Tuesday, June 9, 2009
Arapahoe County Fairgrounds

Save the Date

2008 State 4-H Conference
June 22 – 26, 2009

More information will be available at a later date.

Internship Opportunity

Are you a 4-H member in the 12th grade? Are you enrolled in the cake decorating project? If so, then here is an opportunity for you! If you would be interested in an internship opportunity at Tony's Market, please contact Lynnea Louison at 303-991-1350 ext. 108 or via email at tonyhr@tonysmarket.com.

Do you have science related questions about some of your 4-H projects?
If so, give Steve Spangler a call!

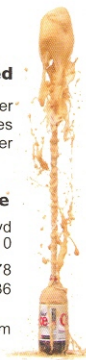


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Don't forget to use your Albertson's Card!



Dear Friends:

Please scan your Community Partner key tag every time you shop at Albertsons.

If you have lost your key tag or need another, please contact me:



4-H Department

(Your Community Partners Coordinator)

at 303-730-1920

Thank you for your support!





Workshops available for Leathercraft Project participants

Enjoy a leathercraft workshop. Make it and Take it home with you.

Try belt making – start from scratch by cutting your own strips of leather. Learn techniques including skiving, hole punching, sizing, edge beveling, dyeing/finishing and attaching buckles. This workshop costs \$15 each.

All materials and instruction are included in the cost of the workshop.

Or take basic carving and stamping – make a carved and/or stamped item for decoration. This workshop costs \$5 each.

All workshops are conducted at the Tandy Leather Factory, 4488 Forest St., Denver, CO 80216. Call Dennis at 303-333-2295 for more information. He can schedule a workshop and make an appointment for groups up to 10.

What to Do When it Snows???

If it is after 4:30 p.m. and you are wondering if a County 4-H event is canceled because of bad weather, please call the Extension Office at 303-730-1920 and listen to the recorded message. Clubs are urged to make a decision about what they will do in bad weather conditions and communicate that decision to the club members.

Rabbit Hutch Available

The hutch is a shell that has two 24"x 30" wire cages built in it. The cages are removable for cleaning. The outside dimensions of the shell are 4'5" wide, 2'9" deep and 5' tall. If interested, call Gayle Ball at 303-770-0861.

To make 4-H the best it can be, all 4-H families have a responsibility to read the 4-H newsletter and understand the information and deadlines that apply to them.

Club leaders can provide guidance to members in encouraging them to take advantage of opportunities, but families must take the initiative to know the rules and policies that apply to 4-H activities and the deadlines associated with them.

IVY (Important Volunteer of the Year) Nominations

Deadline: March 27, 2009

Recognize a volunteer who's gone above and beyond the call of duty by nominating them for the Important Volunteer of the Year Award otherwise known as the IVY Award. Included in this newsletter is the nomination form, which is presented annually by the Arapahoe County 4-H Foundation.

Nominees may be 4-H leaders, members of the Arapahoe County Fair Committee involved with 4-H exhibits, Arapahoe County 4-H Foundation members or an individual with an Arapahoe County Advisory group involved with 4-H.

Nominees should be highly involved with 4-H Club activities. Volunteerism in county, district, state and national programs as well as other activities are also considered when selecting the IVY winner. Please return the nomination form on page 19 to the Arapahoe County 4-H Foundation by no later than March 27. Late nominations will not be accepted.



Citizenship Washington Focus

June 2009
Application Deadline:
March 1, 2009

Up to three members from Arapahoe County may be selected for this one-week educational citizenship opportunity.

Members must be 15 years old as of Dec. 31, 2008 and have at least one-year leadership experience.

The Arapahoe County 4-H Foundation and the Colorado 4-H Youth Fund provide partial scholarships.

Detailed information will be mailed to all members ages 15 – 18 once we receive it.

Members who have previously attended are not eligible.

HATS OFF TO YOU!

Congratulations to:

- **Stephen Walton**, Walton Family 4-H Club, 1st place winner in the Arapahoe County 4-H Foundation Wreath Sale for 2008.
- **Tessa Haight**, Haight Family 4-H Club, 2nd place winner in the Arapahoe County 4-H Foundation Wreath Sale for 2008.
- **Amanda Vaughan**, Windmill Creek 4-H Club, 2nd place winner in the Arapahoe County 4-H Foundation Wreath Sale for 2008.
- **Ashtyn Reaugh**, Pony Pals 4-H Club, 2nd place winner in the Arapahoe County 4-H Foundation Wreath Sale for 2008.

Thanks to:

- Shaylen Florez, Jean Nelson, Barb Stewart, Sally Eliassen, Marge Boyack, Toni Gaffney, Cindy Camp, Mariyln and Richard Chisholm and Larry and Kathy McDaniel for helping decorate wreaths.
- Sally Eliassen for making all the bows for the wreaths.
- Shaylen Florez, Jenise Conway, Theresa Kollath, Rita Campbell, Larry Hooker, Cindy Camp, Barb Stewart, Kathy McDaniel, Leigh Ann Boyack, Melody Kollath, and Renea Ihrke, for helping distribute wreath orders to 4-H clubs and the public.
- The Jr. Leaders Council and parents for playing an active role in the Turkey Bowling event.
- Parent advisors Troy & Maureen Morley for donating turkeys and door prizes for the Turkey Bowl in November.
- All the clubs that participated in the 2008 Fall Fest.

Affirmative Action Forms, Club Constitution & By-Laws

Every fall all 4-H Clubs must submit a new Affirmative Action form to the Extension Office.

A current copy of each club's by-laws should also be on file. If your club does not have a set of by-laws, guidelines are available at the office or in the club Secretary's book.

Family Club applications must also be submitted with the club's enrollment and work plan.

AROUND THE WORLD

This year we have one IFYE representative, Kellie Martindale, an International 4-H Youth Exchange Representative to Austria & Greece. She will be available to give a presentation on her six-month stay March 9 –13. The one-hour presentation includes slides, her personal stories and a Q&A session.

This exciting presentation will allow your 4-H Club to go on a trip to Austria & Greece without even packing a bag! Have Kellie come to a 4-H meeting or bring your club to our county-wide IFYE presentation on Monday, March 9, 2009. Complete details coming soon.



ARAPAHOE COUNTY 4-H FOUNDATION SCHOLARSHIPS

All graduating high school seniors enrolled in Arapahoe County 4-H are highly encouraged to apply for the following 4-H Foundation scholarships. The same 4-H Foundation Scholarship application form will be used for all scholarships and are available at the 4-H Office. Application forms are due Friday, February 20, 2009.

ARABELLE J. BURNETT EXCELLENCE SCHOLARSHIP

\$2,500

This scholarship will be awarded to the highest scoring 4-H Foundation applicant each year. Applicants planning to major in math, science or engineering at a four year college or university will be considered first when applications are scored.

Beginning in 2010, in addition to high school senior applicants, the Burnett scholarship shall be open to prior Burnett scholarship recipients who are successfully ("B" GPA minimum) pursuing their undergraduate studies at a college or university. The prior year recipients will be evaluated by the committee, using the student's original score (the score that was assigned when they submitted their application as a high school senior), plus other facts, information, and application materials that the Foundation Board finds necessary for evaluation. The Burnett scholarship will then be awarded to the highest scoring candidate, be they high school senior or college undergraduate.

ARAPAHOE COUNTY 4-H FOUNDATION SCHOLARSHIPS

\$1,500

Three 4-H Foundations scholarships are available in the amount of \$1,500 each. Applicants may select any field of study which leads to a formal post-secondary degree (Technical, Associate or Bachelors). These scholarships may be applied to any institution of higher learning including business or trade school; community college; or a public/private college or university.

NEED \$\$\$ FOR COLLEGE?

For more information and scholarships forms, contact Jean at 303-730-1920.

Masonic Range Science Scholarship

Application Deadline: Jan. 15, 2009

High School Seniors, college freshmen or sophomores may apply. Must major in Range Science or closely related field.

Barbizon Modeling Scholarship

Application Deadline: Feb. 1, 2009

Barbizon School of Modeling is offering one full and one half scholarships to 4-H members who are 14 as of December 31, 2008 and are interested in either fashion merchandising or modeling. Winners must be able to begin classes in Denver by July 1, 2009. Two full-length photos must be submitted with the application.

National Western Scholarship

Application Deadline: Scholarship Deadlines vary, but are around Feb. 1, 2009.

This scholarship is available to 4-H members who have exhibited at the National Western during their 4-H career, have a GPA of 3.0 and major in Agricultural Science. Application is made directly to your college of choice by contacting the school's College of Agriculture or Financial Aid office.

Arapahoe County 4-H Foundation Scholarship

Application Due: March 1, 2009

All graduating high school seniors enrolled in Arapahoe County 4-H are highly encouraged to apply for this scholarship. Four scholarships are available each year to any school in the country.



NEED \$\$\$ FOR COLLEGE?

Collegiate 4-H Scholarship - \$1,000

Application Deadline: April 1, 2009

Graduating high school seniors who are currently enrolled or are alumnus of the Colorado 4-H program and are planning on attending CSU may apply for this scholarship.

Johnson & Wales Scholarship

Application Deadline: April 1, 2009

Johnson and Wales University provides up to a \$20,000 scholarship (\$5,000) per year for up to four years for 4-H members interested in majoring in Culinary Arts.

Holthaus Scholarship – 3 @ \$1,000 each

Application Deadline: April 1, 2009

Graduating high school seniors, who are enrolled in 4-H, have completed three years of club work and who plan to attend any four year college or university in Colorado may apply.

Audrey Sandstead Scholarship - \$400

Application Deadline: April 1, 2009

Graduating high school seniors planning on attending CSU and pursuing a degree in Applied Human Sciences are eligible for this scholarship.

Colorado Agricultural Development Authority Scholarship - 5 @ \$1,000 Each

Application Deadline: April 1, 2009

Graduating high school seniors enrolled in 4-H who wish to major in an agriculturally related field can apply.

Howard & Marjory Smith Scholarship - \$1,000 per year

Application Deadline: April 1, 2009

All Colorado 4-H'ers in their senior year of high school may apply and must show good academic record and demonstrate real financial need and support to be eligible.

Kimberling Family 4-H Scholarship

Application Deadline: April 1, 2009

The scholarship program provides \$500 for 4-H youth (high school seniors) who have exhibited food animal projects and are enrolling in a pre-vet program at CSU. Scholarship is awarded in spring semester if recipient maintains 3.0 or higher GPA.

Portouw Photography Scholarship - \$300 per year

Application Deadline: April 1, 2009

Applicants must be between 16 – 20 years of age at time of application, must have been enrolled in and completed 4-H Photography for three years and entered their photography at the Colorado State Fair a minimum of two years. Recipients may reapply for the scholarship a second time.

Guide Dog Raising & Training Scholarship

Application Deadline: May 15, 2009

Applicants must be high school seniors and currently enrolled in the 4-H Guide Dog project.

4-H Scholars Program

Application Deadline: TBA, Fall Semester

4-H Scholars serve as representatives of the Colorado 4-H Youth Development Program and promote Colorado 4-H to potential donors and supporters through involvement at various functions, participation in donor calls and public speaking.

Each scholar (one senior, junior, sophomore and freshman attending CSU) will receive a stipend of \$750 per semester for their work.



ENROLLMENT INFORMATION

Member Enrollment Deadlines

All animal projects – March 1, 2009

New members in existing clubs – March 1, 2009

County Fair Exhibit Eligibility – May 1, 2009

Only 2008-2009 enrollment forms will be accepted this year. 4-H'ers may enroll in one county only.

- Returning 4-H members and leaders need to re-enroll in 4-H ASAP.
- New 4-H members and leaders may enroll in existing 4-H clubs until March 1, 2009.
- Enrollments in animal projects will not be taken after March 1, 2009.

Project Literature & E-Records

When the enrollments are in from your club, the organizational leader or other designated leader will set up an appointment with the 4-H Staff to pick up the manuals at the 4-H Office. If the office does not have the manuals at that time, they will be ordered from the State office and sent to the organizational leader.

Leader Enrollment Fees

Leader enrollment fees are \$5 each except for first year leaders. There is a one-time registration fee of \$15 for new leaders only. The leader insurance is still optional, \$2 for horse leaders and \$1 for all other leaders.

Member Enrollment Fees

4-H enrollment fees are \$25 per member for three projects. This fee covers the state membership fee, project literature and accident insurance. Each additional project is \$5 per project.

EIN Numbers

All clubs with checking accounts must submit their EIN number to be placed on file in the 4-H office. For more information, or to apply for an EIN, please go to www.irs.gov/businesses/small/article/0,,id=98350,00.html.

4-H Enrollment Age

Any youth, 5-18 years of age as of Dec. 31, 2008, may join 4-H. All children, ages 5-7, enroll in the Cloverbud project which explores a variety of 4-H topics and is noncompetitive. Youth, ages 8-18, enroll in 4-H projects of their choice. Every member, between the ages of 5 and 18 is a 4-H member and the number of years a youth has been enrolled will count from age five or from whatever age they initially enroll.

E-Records for 2008 – 2009

E-Records are available now. Please go to www.colorado4h.org/project_resources/index.shtml to print out your E-records. Do not use last year's E-records as they will not be counted. If last year's E-records are used, there will be a penalty applied when the records are graded.

Welcome New Members To Your Club

Information has been sent to individuals who have inquired about 4-H. Our list of interested individuals covers most of Arapahoe County. 4-H is a big commitment and these families need your support and encouragement to become involved in 4-H. Shaylen contacts the appropriate leaders as new interests come into our office.

Project Selection Guide

Project selection guides for the 2008 – 2009 4-H year are available at www.colorado4h.org/project_resources/clover_guide/psguide_main.shtml.



Family Club or Independent Club Membership Terms and Conditions New Family Club Enrollment Deadline – May 1, 2009

The 4-H Youth Development Program provides an educational environment for the positive development of diverse youth to enable them to realize their full potential. The 4-H club is the foundation for this environment. Members are encouraged to pursue all resources to find a club compatible to their educational needs, life-skill development and family situations. Arapahoe County recognizes that there are times when club membership is not an option. In these situations, members may enroll as a Family Club.

Following are the requirements that must be met to enroll as a Family Club:

1. Parents will explore all options for club enrollment before enrolling as a family club. This includes discussing options with the 4-H staff.
2. Submit a Family Club Application stating the plan of work, objectives of members' project work and community service plans.
3. A parent or guardian must enroll as a 4-H leader and fulfill county leader requirements. This includes submitting a volunteer application, listing three references, attending New Leader Orientation and paying an initial \$15 enrollment fee.
4. Family clubs and independent members will abide by all county and state 4-H policies and rules applicable to members of the 4-H organization including the 4-H Code of Conduct.
5. Family clubs and independent memberships will be reviewed annually to determine whether conditions still exist to qualify the members for this membership classification.
6. Members or families not abiding by these policies will forfeit the opportunity to participate as family members in the Arapahoe County 4-H program.
7. Written reports may be required from a Family club. A local Colorado State University Extension agent with proper notification to the Family Club may conduct an on-site visit.

Arapahoe County policies are in compliance with those of the Colorado State 4-H program. Please contact the 4-H office for any clarifications or questions by calling 303-730-1920.

4-H Newsletter Information

All newsletters, contest information, entry forms as well as all 4-H policies and guidelines are available on the following web sites, www.coopext.colostate.edu/arapahoe/forh/fourh.html or www.arapahoeextension.org. If you have questions about events and activities, do not hesitate to call the 4-H office at anytime.

New Leader? New Leader Assistance!

Are you a new 4-H leader or thinking about becoming a 4-H leader? Shaylen is available to help you get started. If you have more questions than answers, schedule a time to come into the office. You can look through project manuals, ask questions and get assistance in completing forms. To schedule a time, call Shaylen at 303-730-1920.

Leader Enrollment 2008-2009

Leaders must re-enroll each year as literature cannot be ordered for you unless your year of leadership is recognized.

4-H School Outreach Programs

This year the Arapahoe County 4-H Program will be offering many school outreach programs during the current school year. They include:

- School visits and barn tours to the National Western Stock Show
- IFYE presentations
- Mini Greenhouses
- Embryology
- Entomology
- Ag in the Classroom

These programs are scheduled on a first come, first served basis. If you are interested in more information, call Shaylen or Larry, 303-730-1920.



ANIMAL NEWS

Poultry are a GREAT project!

Are you looking for one more project this year to complete your total 4-H experience? Many of you are overlooking one of the best projects 4-H has to offer. This year why don't you try a poultry project, a project with no boundaries?

Whether you live in a rural area or a residential one, you can do it (although you may want to refrain from a rooster if you live in the city to maintain friendships with your neighbors).

So why not go for a hen, or two, or three. If this ruffles your feathers and you want to find out more, call Larry at 303-730-1920. He will be glad to answer your questions.

Scrapies regulations are still in effect. Visit www.arapahoeextension.org for more information.

NWSS Discount Tickets

Discount tickets are available for groups of 20 or more for the PRCA Rodeo and Horse Shows on specific dates. Contact NWSS at 303-297-1166 for more information.

4-H Animal Ownership Deadlines

Members in livestock projects must be enrolled in Arapahoe County 4-H by March 1, 2009. Please note that animal ownership deadlines are **different** from the 4-H enrollment deadlines. Animal ownership must be noted in your e-records. Horse ownership/leases must be sent to the 4-H office by June 1, 2009. Animal ownership deadlines are:

March 1, 2009	Market Beef
April 1, 2009	Dogs
May 1, 2009	Breeding Beef, Market and Breeding Sheep, Swine, Goats, Poultry and Rabbits
June 1, 2009	Horses
June 1, 2009	Poultry Meat Pen

Guide Dogs for the Blind

This program teaches youth responsibility as well as helping the Guide Dogs for the Blind organization. Guide Dogs for the Blind are always looking for puppy raisers and they sponsor college scholarships to members who have raised a guide dog. For more information about Guide Dogs, call Dot Dill, 303-771-3428 or Carmen Moyer, 303-798-5934.

Primary Care and Premise ID

All livestock and horse exhibitors are required to fill out the Primary Care Form which will be available from your club's organizational leader. It will also be available at the Extension Office and on the Arapahoe County Extension website.

New this year: It will be mandatory for all livestock and horse exhibitors to have a Premise ID # for Arapahoe County. Call Colorado Premise Identification at 1-877-842-0102 for more information.

Livestock Shows & Sales

For information on upcoming livestock sales and shows, contact Larry at 303-730-1920.

Beef Weigh-In

Saturday, February 28, 2009
Arapahoe County Fairgrounds



ANIMAL NEWS

Meat Quality Assurance Training

6:30 – 9 p.m., Thursday, April 2, 2009 - Arapahoe County Fairgrounds

If you plan to attend this training and workshop, please call Larry Hooker, 303-730-1920 for reservations.

All 4-H members enrolled in breeding and market beef, sheep, swine, goats as well as poultry and rabbits must have attended a meat quality assurance training in order to be eligible to participate at the County or State Fairs.

The following rules are set according to the State 4-H Office.

1. Anyone with a market or breeding project who has not attended training must do so.
2. Anyone who was in the junior division last year (age 8-13) and moving to senior division (14 years old
3. as of Dec. 31, 2008) must also attend a training.
4. New members with livestock projects must attend the training.
5. Swine project members must update their Pork Quality Assurance training every two years.

New Leader Requirements

In order to be recognized as volunteer 4-H leader in Arapahoe County, all new leaders, both traditional club and family club leaders, must complete the following requirements by June 1, 2009.

1. Complete and return the green volunteer application with complete addresses of three (3) references. Project literature orders will not be processed until the application is on file in the 4-H office.
2. Complete and return 4-H enrollment form each year (white).
3. Attend one of the 4-H new leader orientations offered at different times and locations throughout the 4-H year. These sessions last approximately 2 hours. Please call Shaylen at 303-730-1920 for scheduled trainings.
4. Pay \$15 enrollment fee.
5. Interview and background check.

Also, all returning leaders, both club and family club, must complete and return an enrollment form with a \$5 enrollment fee.

CLUB NEWS

Congratulations to **Ann Moorman** of the Smoky Hill 4-H Club for winning the State "Make it With Wool" contest, jr. division! She gets to advance to the National Competition in San Diego on Jan. 22 – 25, 2009!

A New Year Starts for Smoky Hill 4-H

Smoky 4-H Club started their year on Sept. 21 with a get to know each other yarn game. We elected our Board of Officers: President, Ann Moorman; Vice-President, Nicole Justice; Secretary, Zach Moorman; Treasure, Abigail Hanouw. There were many candidates and choices were very difficult to make. There were a lot of great ideas for our new year.

Other officers were elected Oct. 19, including: Reporter, Serena Thomas; Historian, Drew Wolf; Game Leader, Joey Yousling; Field Trip Co-Leaders, Katie Wilson and Patience Thomas; Community Service Leader, Jacob Wilson. We played Donuts on a String and the Rhythm game. We also signed up for our projects. Officers met Oct. 25 and planned the yearly calendar, made suggestions and voted on changes to the by-laws. They also made a club poster for the 4-H Fall Festival.

This will be a great year. We have a good mix of returning and new members from ours and other clubs. Look for great things from the Smoky Hill 4-H Club. ~ Serena Thomas, Smoky Hill 4-H Club Reporter

Pony Pals

For our November meeting we had lots of fun planning our club Christmas/holiday party for Dec. 21! We will have fun playing lots of games and eating holiday desserts! ~Silje Hayes, Pony Pals 4-H Club Reporter

Congratulations to the recently elected **Antelope Crossing** 4-H Club officer team! President – Christina Williams, Vice President – Ashley Hale, Secretary – Brittney Pelton, Treasurer – Dustin Williams, Reporter – Devyn Plumley, Historian – Natalie Eastwood, Parliamentarian – Geoffrey Baker, Community Service & Recreation Director – Kody Hale.



2009 CREATIVE COOKS CONTEST GUIDELINES (See Separate Guidelines for Cloverbuds)

1. The purpose of the contest is to learn about meal planning, food safety and nutrition.
2. Each 4-H'er can enter one or two events - individual division (1 person), team division (2 people) or group (3-6 people) **but**, they may participate in only one event at State Fair, either as an individual or as a team member. **Group contestants do not participate at the state level.** Please check the box on the entry form if you are entering two divisions in the County Contest.
3. Please include your main recipe with your entry form. Contestants using venison are required to have a copy of their Department of Wildlife test results for Chronic Wasting Disease attached to their contest entry.
4. **Registration begins at 8 a.m. and judging at 9 a.m.** Everyone must be set-up and be ready by 9 a.m. Plan to stay until 2 p.m. We may finish earlier or later, depending on the number of entries.
5. **Members are to do all set up and food preparation by themselves.** Adults cannot help contestant set up their display. To do so may forfeit all awards. This includes helping prepare foods in the kitchen, verbal coaching, facial expressions, hand gestures, etc. A helper will be available at the judging site to assist contestants using the microwave, or for other needs, but assistance will not be allowed from family members or friends. Adults may assist in carrying items into and out of the building and during clean up in order to expedite the conclusion of the contest.
6. Entrants are required to thoroughly clean their space at the conclusion of the contest. Be sure to bring all necessary cleaning supplies.

CREATIVE COOKS PROCEDURES

1. **THEME:** Members select a theme and prepare a menu and a table setting around that theme. The theme may be real or imaginary. "Creative" is the key, but does not necessarily mean "far out".
2. **PLAN A MENU FOR A MEAL CENTERED AROUND THE THEME:** Any type of meal and theme can be planned but it must be a meal for human consumption. It may be a breakfast, brunch, lunch, dinner, patio meal, picnic, tailgate meal, camp out or other idea you may want to try. It may be a family meal, a birthday party, a formal dinner, etc. It may be simple or extravagant. Keep the occasion in mind as you plan your meal. In planning your menu, consider the pyramid food guide and vary the colors, textures, flavors, temperatures and shape of foods. You must have prepared all the items in your meal menu at least once, as the judge will ask you about other food items in your menu.

SAMPLE MENU
Rosemary Chicken Breast
Garden Salad
Sunny Iced Tea
Tulip White Chocolate Cake

Exhibitors are encouraged to garnish the one serving as it might be served. A slice of radish, cucumber, stuffed olives, tomato wedge, sliced egg yolk, fruit, parsley, etc., can all add interest to a plate if properly used. Size, shape, color, texture, flavor, etc., must be considered in the selection of the proper garnish. Experiment with different garnishes to select the most appropriate garnish for the meal you have planned.

3. **POSTERS:** Contestants must include a menu poster as part of their display. The poster needs to be legible and can be decorated by the participant. It should be large enough to be easily visible to judges and by-standers, but small enough to fit on the table-top (No larger than 8 ½" x 11"). The menu can be posted on a little stand-up board or otherwise it should be obviously visible and legible from a distance of five feet.



Display your menu in a creative way such as putting a Valentine menu on a heart shape. When preparing your poster, arrange the food items in the order in which they are eaten. Place foods that go together on the same line, such as “rolls and butter” or “potatoes and gravy”. Use your theme to come up with fun names for your dishes. For example, say "Shake-Em-Up Cake" rather than just cake, "Caribbean Cooler" instead of punch, etc, depending upon your theme.

4. **RECIPES:** Must be submitted with entry form. Contestant should also have a copy of the recipe with their display or be ready to show it to the judge if requested. Please bring at least 10 copies of your recipe to distribute after the judging. Include your theme and menu. **NOTE:** For food safety reasons there will **not** be a tasting party. Do not distribute your food.

5. **SPACE REQUIREMENTS:** All entrants will be allowed a 4' x 4' space (State Fair requirements) and group entrants will be allowed a 10' x 5' space. *Exceeding these space limitations will disqualify contestants from consideration for reserve champion and champion status.*

All entrants must supply their own table. Tabletop display backdrops will all need to be freestanding and not more than 4 feet tall (from the top of the table).

6. **TABLE SETTING:** Regardless of the number of people the member intends to serve, the table should be **set for just one person for judging purposes.** Traditional meals should be set up on a **36" square table (card table) provided by the member.** A contemporary meal such as a picnic might be served nicely on a blanket on the floor. Be creative and keep in mind that the safety, comfort and convenience of those to be served are of primary importance. One place setting includes a covering for the table (tablecloth, placemats, etc.), napkins, dishes, glassware, cups, flatware, etc. as needed if the meal were actually being served.

The setting should be appropriate to the meal. Paper plates would be considered appropriate for a picnic but the judge will want to see that the plate is sturdy enough to support the meal being served without inconvenience to the person who will be using it. Set your place setting properly on the table. Examples: Plates are placed 1" from the edge of the table in a formal setting; salad forks go to the left of the dinner fork, etc. Remember a napkin and fold it creatively to make it part of your display. Bring separate disposable serving dish and flatware (not a part of your table-service), to serve a sample of your food item to the judges.

Exhibitors will need to display one serving of their prepared food in the proper dish. Exhibitors are asked to garnish the one serving as it might be served. The judge should not be served from this displayed serving, but rather given a taste from another serving. (State Fair Requirements)

7. **CENTERPIECE:** The place setting should also include a centerpiece, which compliments the table and the meal and any serving dishes and utensils necessary to the meal. **Your centerpiece may not include edible items or non-edible food items (State Fair Requirements) and must be sized appropriately for the table.** For group entries, use one place setting unless serving a buffet style meal.

8. **FOOD:** For Individual and Team Contestants bring only One prepared food item, and Group Contestants bring One food item each from their menu for the judge to taste. In selecting the dish to be prepared, consider preparation, how it will be transported safely and attractively, and how it will be kept at the correct temperature. Food safety is always your first concern. You will be able to microwave food and use a hot plate. You will not have access to a stovetop, oven or refrigerator. Battery operated equipment is acceptable for your display.

9. **EXHIBITOR:** Be neat and well groomed. Tie your hair back if it is long enough or clip it back if it is of medium length. Dress appropriately for the theme you have planned. Make sure your clothing is clean. Do not chew gum. Smile!



10. **SAFETY:** Prepare and serve food under sanitary conditions. Do not serve the judge from your table setting. Use a clean white 6" paper plate, clean disposable utensils and paper napkin. **Wear disposable gloves when actually preparing and when serving the food.**

11. **PRACTICE:** Practice, Practice, Practice! Find someone to ask you questions about your exhibit. Practice setting up and tearing exhibit down quickly and efficiently. Mark out a 4' x 4' space on the floor with masking tape and make sure you stay within the boundaries.

12. **JUDGING:** Contestants should be prepared to tell the judge about their exhibit and answer questions on nutrition, food preparation, theme and serving. Know the food pyramid and how your meal fits into the pyramid. Older contestants should know the cost and prep time of their meal. Team members should plan ahead of time on how to answer questions, as each team member will be expected to spend an equal amount of time answering questions. **Be patient as this contest does take awhile to judge.**

Participants will be judged on the following criteria:

Appearance and Practices of the Exhibitor.

Knowledge of food preparation, safety and nutrition.

Menu - balanced for variety of flavors, colors, textures, meal planning.

Prepared Dish - appearance, flavor and quality and judges sample served correctly.

Display and Table Setting - attractive, suitable for meal served, suitable arrangement, centerpiece, completeness of exhibit – all components present – menu poster, copy of recipe, etc.

Exhibitor - well groomed, appropriately dressed, understands meal planning, etc.

The ages of the participant(s) will be considered. Judges may ask the contestant(s) questions such as:

"Have you served this meal to your family?"

"Why did you choose this centerpiece?"

"Tell me how your menu fits the food guide pyramid?"

"Would you tell me why you think this is a nutritious meal?"

"How would you get this dish to a picnic and be sure it would be safe to eat?"

"Why did you choose to prepare this dish instead of one of the other items on your menu?"

For a team:

"How did you divide the responsibility for preparing this meal?"

These are only examples of the types of questions a judge might ask. Contestants will then serve the judge a sample of their food. A paper plate and plastic spoon/fork and napkin should be provided for serving the judge.

13. **Colorado Specialty Foods Division:** Members entered in this category must use one or more of the Colorado Specialty foods listed below in their Creative Cooks exhibit. Product must be a major ingredient in the recipe to qualify for this division. Ingredients such as oil to brown meat, as a garnish or small amount in the recipe, do not qualify as a major ingredient.

Wild game meat must be catchable in the wild. Therefore, buffalo would not qualify but rainbow trout would. Colorado Specialty Foods are available in health and food specialty stores and some supermarkets. They include:

- Amaranth (grain)
- Anasazi Beans
- Blue Corn
- Quinoa (grain)
- Mung Beans (bean sprouts)
- Edible Soybeans (tofu)
- Sunflower Seeds
- Popped Wheat
- Sesame Seeds
- Black Turtle Beans
- Adzuki Beans
- Wild Game Meat (If using deer or elk meat, a copy of the test results for Chronic Wasting Disease is required)



CHECKLIST OF ITEMS TO BRING

- | | |
|--|---|
| <input type="checkbox"/> serving pieces | <input type="checkbox"/> glassware |
| <input type="checkbox"/> potholders | <input type="checkbox"/> cleaning supplies |
| <input type="checkbox"/> menu display (poster) | <input type="checkbox"/> apron |
| <input type="checkbox"/> dish towels and dish cloths | <input type="checkbox"/> tableware |
| <input type="checkbox"/> disposable dish & flatware to serve judges | <input type="checkbox"/> appropriate linens |
| <input type="checkbox"/> centerpiece | <input type="checkbox"/> copies of recipe |
| <input type="checkbox"/> card table (individual, teams & groups if needed) | <input type="checkbox"/> prepared dish |

AWARDS

This year every exhibitor in the contest will receive a participation prize and ribbon. Champions and reserve champion ribbons will be awarded in each division. **Individual and team champions in each division will have the opportunity to represent Arapahoe County at the State Fair in August.**

QUESTIONS

Call Shaylen Florez or Jean Walton at 303-730-1920.

CLOVERBUD CREATIVE COOKS GUIDELINES

Cloverbud members may enter Creative Cooks as an individual, or as a member of a team or group or both. **Cloverbuds may not enter as part of a group or team with members ages 8 thru 18.** Cloverbud groups can be any size, not just 3-6 members. They will have an opportunity to talk to a judge, but will not be judged. Cloverbuds will receive a participation ribbon and a "goody bag" at the conclusion of the contest. They are encouraged to stay for the awards ceremony.

Cloverbud Creative Cooks **register at 8 a.m. and must be set-up by 9 a.m.** Cloverbuds must follow the same guidelines as for older 4-H members, keeping in mind the abilities of the children.

☀ Cloverbuds must supply their own table. ☀

A 36" card table is needed for individuals and teams and a larger table for group entries. **Parents may help Cloverbuds only!** They may help with their cloverbud's set-up and take-down but **may not** be there during judging.

TALKING TO THE JUDGE

The Cloverbud judge will ask the members to share information about their entry. These are samples of questions that may be asked:

- "Tell me about your exhibit (theme, food, etc.)"
- "Who helped you prepare your exhibit?"
- "Did you have fun fixing the food?"
- "What do you like about cooking?"
- "What part of the pyramid are your foods from?"

VOLUNTEER

A volunteer is needed to help with the Cloverbud portion of this event.

QUESTIONS

For Cloverbud questions, call Shaylen Florez, 303-730-1920.



2009 CREATIVE COOKS CONTEST ENTRY FORM

(ONE ENTRY PER FORM)

DUE: January 14, 2009 – Late Entries not Accepted.

Please use **ONE** form for each **Individual, Team and Group contest entry** (copy this form as needed). Each member may enter a total of two events. (i.e. one individual and one team, one team and one group or one group and one individual). Cloverbuds may not enter as part of a group or team with members, ages 8 thru 18. NOTE: All ages are as of December 31, 2008. Late entries will not be accepted. Individuals may not participate as an individual and as a team member at the State Fair. If you are participating in the Colorado Specialty Foods division, please check it off as well as your age division.

CLUB NAME: _____

EXHIBIT THEME: _____

Please check division entering.

Please check if entering more than one event

INDIVIDUAL:		
____ Cloverbud	Ages 5, 6, 7	Name _____
____ Junior	Ages 8, 9, 10	
____ Intermediate	Ages 11, 12, 13	City _____
____ Senior	Ages 14 – 18	Phone _____
____ Colorado Specialty Foods Division		

TEAM (2 people): Teams must enter the age group of the oldest member of the team.		
____ Cloverbud	Ages 5, 6, 7	Name _____
____ Junior	Ages 8 - 10	
____ Intermediate	Ages 11 - 13	City _____
____ Senior	Ages 14 - 18	Phone _____
		Name _____
		City _____
		Phone _____
____ Colorado Specialty Foods Division		

GROUP (3-6 people): Groups must enter the age group of the oldest member of the group. Groups do not move on to State Fair.		
____ Cloverbuds	Ages 5 - 7	
____ Junior	Ages 8 – 13	
____ Senior	Ages 14 – 18	
____ Colorado Specialty Foods Division		
Name _____	City _____	Phone _____
Name _____	City _____	Phone _____
Name _____	City _____	Phone _____
Name _____	City _____	Phone _____
Name _____	City _____	Phone _____
Name _____	City _____	Phone _____

ATTACH MAIN RECIPE TO THE ENTRY FORM



NOMINEE INFORMATION FORM
BARBARA HOLTHAUS IMPORTANT VOLUNTEER OF THE YEAR (IVY) AWARD

Deadline: Friday, March 27, 2009

Send to: Arapahoe County 4-H Foundation
5804 S. Datura St.
Littleton, CO 80120

Name of Person Nominated

Address

Phone Number

(Please try to limit all information to this form)

Number of years they have been involved as an adult 4-H volunteer. _____ Number of years in Arapahoe County 4-H _____

Summarize their past and present 4-H volunteer activities, including number of years they participated in the activity.
(Summarize by Club, Arapahoe County, District, State, and National and list activity at each level)

Signature of person nominating:

Name

Phone Number



Arapahoe County Consumer Choices Contest Guidelines

The Consumer Choices Judging Contest will be **Saturday, March 7, 2009** at the Arapahoe County Fairgrounds. We hope you will plan on participating in this contest.

The contest will be held in the classroom in the event hall at the Fairgrounds, 25690 E. Quincy Ave., Aurora.

Registration will be at 8 a.m. The Consumer Choices Contest will start at 8:30 a.m. Consumer Bowl will follow.

Entry forms are due by **February 23, 2009**.

General Information:

- Volunteers are needed. (Please list on the enclosed registration form.)
- The contest classes will relate to topics of interest to today's youth. No prior studying is required to prepare for the contest.
- There will be five classes (4 placings and 1 reasons) judged by each individual. There will be five classes for juniors and five for seniors.
- Contestants will be given ten (10) minutes to judge each class and will be allowed two minutes to give each set of reasons. A ten (10) minute study time will be provided prior to each set of reasons.

Participant Eligibility:

- 4-H members between the ages of eight (8) and eighteen (18) as of December 31, 2008 may participate either as an individual or as a member of a team.
- Team members will be scored individually.
- Teams may be composed of either three or four members.
- A team of three from one County may not add an individual from another County.
- Individuals may be placed on a team if numbers permit.
- There is no limit to the number of 4-H members who may enter the contest. Counties may bring more than one team in each division (Junior or Senior division).
- Juniors (ages 8 – 13); Seniors (ages 14 – 18)

Lunch:

- You may wish to bring lunch with you to the contest as there are no close restaurants available or you may order a lunch for \$8.

Reasons Format:

- Contestants will be given a choice as to the format they wish to use. They may give a formal set of reasons or respond to questions posed to them by reasons judges (interview format).
- Preparation for either format will be the same, as they will need to think through their criteria and how the criteria applies to each item and their class placing.

Placing Classes:

- There are five classes for Juniors and five classes for Seniors. Juniors and Seniors will judge in separate rooms.
- Each participant will need to read the class situation carefully as it will define the standards that the contestant should use for the class.
- Each contestant will evaluate the four alternatives provided base upon the standards identified and using their best judgement rank the choices first (best alternative) to fourth (worst alternative).

Reasons Classes:

- Reasons classes do not have a right or wrong placing.
- Contestants will need to determine their criteria by which they make their decisions.
- Contestants will be scored based on how well they establish and apply their criteria to the choices provided.
- No placing score will be awarded, only an oral reasons score.



Awards:

- Awards will be presented after tabulations are finished.
- High overall individual scores will be based on the total score of 4 placing classes and 1 set of reasons.
- Ties will be broken by total reasons score and a tie-breaker class.
- Tie-breaker – prior to the contest, two classes will be designated as tie-breakers. In the event a tie occurs that cannot be broken by the other criteria, the placing score from the classes will be used to break the tie.
- High overall team scores will be determined by adding the three highest scores on each individual judging class. The low scoring team members of each individual judging class will be dropped.
- Team ties will be broken by total team reasons, combined with scores of three members on individual reasons and combined scores of three members on tie-breaker class.

Questions? If you have any further questions contact Shaylen Florez at 303-730-1920, fax 303-730-2764.



Dana Bergren and her dog, K-9, from the Kapers 4-H Club in Littleton pose for a shot at the 2008 Fall Fest.



CONSUMER CHOICES CONTEST REGISTRATION

Saturday – March 7, 2009

Registration Deadline: Friday – February 23, 2009

(Late entries will not be accepted)

RETURN FORMS TO:

Arapahoe County Extension Office

5804 S. Datura St.

Littleton, CO 80120

Fax Number: 303-730-2764

Each 4-H member participating must fill out a form. Make copies of the form if more than one member in the family needs to complete the form.

Please print or type:

Name: _____ Phone: _____

Address: _____
Street City Zip

Age as of Jan 1, 2008: _____ Birth Date: _____ 4-H Club: _____

CIRCLE ONE:

Cloverbud
(Ages 5-7)

Junior
(Ages 8-10)

Intermediate
(Ages 11-13)

Senior
Ages (14-18)

_____ **CONSUMER CHOICES/JUDGING:** (Registration begins at 8:00 a.m. and the contest begins at 8:30 a.m.)

Boxed lunches will be available to order for \$8 each. Please call Shaylen at 303-730-1920 by 2/23 if you are interested.

I will be attending Consumer Choices Contest Day with my child and would be available to assist.



2009 ARAPAHOE COUNTY 4-H CALENDAR

JANUARY 2009

10 - 25 National Western Stock Show

FEBRUARY 2009

10 New Leader Orientation

14 Creative Cooks Contest

25 - 28 Western Regional Leaders' Forum

MARCH 2009

1 Enrollment deadline for livestock/animal projects.

1 Western Regional Leaders' Forum

7 Consumer Choices Contest

APRIL 2009

11 Speech and Demonstration Contest

MAY 2009

1 Add/Drop deadline for projects.

1 Enrollment deadline for 4-H members for county fair eligibility.

7 New Leader Orientation



LaKayla Vincent, Elk Creek 4-H Club, Strasburg, CO. and her goat Snow White at the 2008 Fall Fest.

CHECK US OUT ONLINE!

Access all 4-H newsletters, contest information, entry forms as well as policies and guidelines at www.arapahoextension.org.

RESOURCES

Colorado 4-H – www.colorado4h.org

National 4-H – www.national4-hheadquarters.gov

National 4-H Council & 4-H Center in Washington D.C. – www.fourhcouncil.edu

National 4-H Supply Service – www.4-Hmall.org

Children, Youth and Families Education & Research Network – www.cyfernet.org

CSU Extension – www.ext.colostate.edu

CSU Equine Extension – www.csuequine.com

Colorado Premises Identification – www.COanimalid.org

CSU Livestock Extension – www.livestock.colostate.edu/index.html

State Shooting Sports – www.colorado4h.org/ss/

4-H Leaders Newsletter – www.colorado4h.org/communications/leaderline/index.shtml

Arapahoe County Fair – www.arapahoecountyfair.com



Colorado State University Extension
Arapahoe County
5804 S. Datura St.,
Littleton, CO 80210

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