

June 2009

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4-H NEWS 4U

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R Kids R Gr8!! Congratulations to our graduating seniors, the 4-H staff is so proud of you!

- Amanda Albrechts from Golden High School
- Trevor Cullar from Gilpin County Undivided High School
- Amber Haggerty from Jefferson County Open School
- Sonorah Vinyard from El Shaddai Christian Academy
- Kelsey Watring from Bear Creek High School
- Alyssa Yoder from Ralston Valley High School

General News

Miss America Gives Credit to 4-H

Ask Katie Stam about her passion for community service, and she'll tell you it all started with 4-H. Long before winning her title as Miss America, Katie Stam from Seymour, Ind. would spend hours in 4-H performing in creative dramatics, competing at the Jackson County fair, and visiting with 4-H friends and family. It was there that she learned the values of leadership, mentorship, and community service. And like most 4-H kids, she collected blueribbons and trophies along the way to mark her accomplishments. In January the Indiana farm girl was crowned Miss America 2009 and now that she's in the national spotlight, Stam is getting the message out that community service is important and rewarding. Stam's platform, Promoting Community Service and Involvement, aims to get youth involved in their own neighborhoods. With community service as her national platform, Stam could potentially transform the way millions of young people think about giving back to their communities and 4-H. "4-H is such an advocate for community service," says Stam. "It encourages you to reach out to people in so many different ways." She is also the National Goodwill Ambassador for Children's Miracle Network and is the official spokesperson for Zerosmoke.

Check Out the New 4-H Page on Facebook!

On March 31, with a goal to create a more prominent presence on Facebook, National 4-H Council created a 4-H page on Facebook. In four days, the 4-H page fan base increased to more than 5,500 fans. Within a couple of weeks, the membership grew to more than 30,000 4-H fans! With significantly more fans than Girl Scouts, Boy Scouts, BGCA, and FFA combined; 4-H is one of the top 130 non-profits on Facebook, based on fan size. Jess Falkenthal, Educational Technology Specialist at National 4-H Council, was able to secure a meeting with Andrew Bosworth, a Software Design Engineer at Facebook, who just happened to be a California 4-H alumni. He was also invented the News Feed feature in 2006. Through this partnership, the page was able to get a vanity URL, facebook.com/4-h, making it even easier for fans to get to the page. Through creating discussions, idea and advice sharing, participating in contests and of course posting 4-H memories in photos or videos, 4-H fans will be able to connect with other 4-H fans. In the coming months, National 4-H Council will continue to work with Andrew and Facebook finding better ways to market 4-H on Facebook and making more features available for 4-H fans. Click on the button below to become a fan. If a fan

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Please visit <http://www.coopext.colostate.edu/jeffco/4h/chronicle/index.htm> for future newsletters

already, use the "Suggest to Friends" button under the big clover to show everyone how awesome 4-H is by inviting all your 4-H friends.

Camp Tobin, Colorado State Fair

Camp Tobin at the Colorado State Fair is a great resource for families who want to experience the fair but don't want to blow their whole budget on an expensive hotel and eating out.

Camp Tobin dorms are the cheapest in town –\$5 per person per night. Health forms are required for all youth 19 and under. A deposit of \$10 is required per person, family or group and is collected at check-in. This deposit will be refunded at check-out. Camp Tobin dorms are equipped with mattresses on bunk beds. You will need to provide bedding (sleeping bag), pillow, towels and personal items. All youth must have an adult from their county with them and supervising them during their stay. No youth reservations will be accepted without adult supervision being provided by the county, club or parent.

Camp Tobin will have a new cook this year - Pat Peru, from Otero County. We are very excited to have Pat on board and know that she will do an excellent job serving great meals during your stay at state fair.

Meals will be provided from Aug. 19 – 23, Aug. 28 – 30 and Sept. 5 – 7. Meals include breakfast, lunch and dinner. Children 4 and under may eat from a parent's plate. Child discount applies to youth ages 5-10 and adult prices are for 11 and older. Below is a breakdown of meal costs:

- Breakfast Child \$6.25 Adult \$7.25
- Lunch Child \$6.75 Adult \$7.75
- Dinner Child \$7.25 Adult \$8.25

This is the best deal in town so come and stay with us during this year's Colorado State Fair! Registration will go live around the middle of July. For more information about Camp Tobin please click on: http://www.colorado4h.org/events_opportunities/state_fair/packet/index.shtml.

Host Families Needed – 4-H Japanese Exchange

Host families are needed for 65 inbound Japanese boys and girls, ages 12-21, traveling to Colorado through the 2009 inbound Colorado-Japan Teen Exchange. Hosting dates are July 23 – Aug.18.

This program is coordinated through Colorado State University and has been running since 1975.

Host families do not need to be a member of 4-H and may reside in urban, suburban, or rural settings throughout Colorado. They may share a room with their host sibling. Matches are made on the basis of same sex and close in age, as well as some common interests. Note: Host siblings may be as young as nine to match with a 12-year-old Japanese participant.

All participants are 100 percent medically covered with 4-H insurance and may participate in host family vacations, camping trips, and youth camps. They are expected to become part of the family, including attending church, helping with household chores, following house rules, and participating in other aspects of US daily life. The program covers costs for the exchange. Each participant has his/her own spending money.

Japanese participants will attend an orientation in Denver before going to host families and a debriefing in Denver before returning to Japan. Carpools are planned to transport delegates to homes if host families are not able to pick up or return their exchange student. Orientation for host families is done in Denver. In addition, there will be a host family orientation in the Montrose/Grand Junction/Delta area.

Host siblings have the option of traveling to Japan to participate in a four or seven-week exchange while staying with Japanese host families and learning Japanese culture.

Experience shows that the greatest success occurs when families treat the delegates as a member of the family, rather than a guest. For further information please contact me at (970) 491.2711 or courtney.lofliin@colostate.edu.



Your Best Friend
deserves the best this show season. Feed him the all-in-one supplement that will help his coat shine and boost his gut health with flax, pre and probiotics, and organic complexed minerals. Make EquiLix or EquiPride part of your winning strategy!

EQUILIX™
(EQUIPRIDE)

4-H MEMBERS' 10% OFF:
Discount off any EquiPride top dress or EquiLix free-choice block when you call 303-905-3926
Discount may not be combined with other offers. Good only from Agape Distributors.

Call Lisa Rasmussen: 303-905-3926 (cell)
Nutrition news at: www.equipride.blogspot.com

Leader News

Fair Entry training

We will be hosting a clinic on filling out Fair Entry forms on Tuesday, June 9 starting at 7 p.m. Fair Entry Packets will go out to all 4-H members on Friday, June 5. We are holding a clinic for leaders to help their youth fill out the entry forms correctly. It is very important that the forms are filled out properly so that the members are entered in the correct classes at the County Fair. We recommend that all clubs fill out their forms together so that members are entered into the correct class. Fair Entry Forms will be due to the Extension Office by Wed. July 1. Late entries will have a \$5.00/ class entry fee and will only be accepted until Friday, July 10.

Please RSVP to Cheryl Hurley, so that we know how many leaders will be in attendance, either by phone, 303-271-6626 or by email at churley@co.jefferson.co.us

Livestock News

4-H members to give demonstrations at Clear Creek History Park

Jefferson County 4-H members have been asked to do demonstrations with their animals at Clear Creek History Park in Downtown Golden. Please come and watch or participate in the demonstrations with your own animals. This is a great way to educate the public about 4-H as well as teach others about animals. 10:00 a.m. to 2:00 p.m. with demonstrations taking place at 11:00 & 1:00

- Saturday, June 13- Sheep/ Goats
- Saturday, June 27 – Rabbit
- Saturday, July 11 – Poultry
- Saturday, July 18 – Beef /Swine

Last Chance for Meat Quality Assurance (MQA)

The Jefferson/ Gilpin County 4-H program will annually provide a Meat Quality Assurance program for 4-H members. Members will be required to attend MQA training the first year they show market or breeding livestock and then must recertify at the beginning of their Senior (age 14) year or born in 1994.

This includes all breeding and market: beef, sheep, swine, goats, poultry, and rabbits, all dairy animals.

All MQA Trainings are open to any youth in the area. Please make sure you sign in at the trainings. This is a come and learn by- doing training that will take approximately an hour to complete. Parents and leaders are strongly encouraged to attend.

The following dates have been set in the Northern Region. Please plan to attend one of these upcoming trainings.

- June 6 – Park County – 3:45 p.m. – Bailey

Horse News

Pueblo County Horse Show

Please find attached the showbill for the Pueblo County Horse Show scheduled for June 12, Green Horse/ Foal show, 13, Ranch Horse/ Gymkhana, 14, English/Western. The registration deadline for the show is June 9, so make sure you sign up soon.

Sunflower 4-H Club Buckle series Gymkhanas

The Sunflower 4-H Club will be hosting a series of Gymkhanas for the chance to win a belt buckle. The Gymkhanas will be held on Saturday, June 6 and Saturday, June 27 both at the Indiana Equestrian Center. Please see the attached show bill for more information.

Leveling Clinic

Jefferson County will again be hosting a levels clinic for youth wishing to level up for the 2009 Jeffco Fair. The leveling date will be Tuesday, June 16th from 9 a.m. to 4 p.m. at the Pleasant View Arena. Please remember that you must pass your written test prior to taking the riding test, so make sure to contact the office to set up a time to take your test.

There will be a \$20.00 fee for each test that you wish to complete.

Please RSVP to Jude to reserve your time slot, by phone at 303-271-6620.

Pet News

Summer Rabbit Clinics

Sunday, June 28 from 2-5 p.m. in the ECMR we will be hosting a rabbit clinic to review showmanship for the County Fair. We will be covering lots of good information that will help you to prepare your rabbit as well as prepare you for the Fair and for the rabbit test.

Sunday, July 12 from 1-4 in the ECMR we will be hosting another rabbit clinic to talk about selection of your rabbit and also new class that we have coming to the Jeffco fair. The new class is Doe & Litter. The Doe & Litter class is where you will show your doe and her babies (Babies must be at least 6 weeks old so breeding has to be done around May 20). Please contact the office to RSVP or for questions on the upcoming clinics.

Rabbit School

You are all invited to attend the first, of what we hope will be many more rabbit schools in Colorado on June 20, 2009 in Loveland at the Ranch. This school is sponsored by Rocky Mountain High Shows (RMHS), our state rabbit breeders association (chartered by the American Rabbit Breeders Association or ARBA). We also have had the support of various feed vendors in this effort. Please contact the office for more information.

There is a limit to the first 150 who apply due to local fire code constraints for the facility. Responses are due back to Terrie Hersh no later than June 6. Emailed applications will be accepted with application fees collected on the day of the school. Please click on the following link for registration information: <http://www.colorado4h.org/countyevents/09/larimer-rmhs-rabbit.pdf>

Any questions, please feel free to contact me Marie Adams, Small Animal Coordinator, Colorado State Fair, marie.adams@ag.state.co.us, (719) 404-2035 or (719) 404-2027.

Grand County Dog Show

Come, June 13, for a fun day of 4-H Obedience, Showmanship, and Rally. You must be entered in the 4-H Dog Project to enter. Please see the attached flyer about the show and the pre-registration forms. There will be a dog costume contest and door prizes are open to the public.

FCS & General News

Unit 1 Cake Decorating Clinic

We will be hosting a Unit 1 cake decorating clinic on Saturday, June 13 from 9-12 in the ECMR. This will be a great time to practice your cake decorating skills and get some tips for the County Fair. If you plan on attending this clinic please bring the following: frosting (see recipe in project manual), colors to tint frosting, toothpicks, mixing bowls or board, plastic bowl with lid, metal cake decorating spatula, turn table or lazy susan (if you have one), clean parchment paper, box or tote to carry supplies, 1 layer cake, cake board covered in foil, pan the cake was baked in, candy or other edible items of your choice, drawing of the design for your cake.

Please RSVP to Jude by Thursday, June 11 if you plan on attending.

Grand Champion Senior Clothing Award

The Grand Champion Senior Clothing Construction exhibitor will be presented with a Baby Lock Decorator's Choice sewing machine during the Colorado State Fair 4-H Fashion Revue, Saturday, August 22, 2009, at Sangre De Cristo Arts and Conference Center, Pueblo, Colorado. The recipient must be present to accept this generous donation. Please advise senior clothing construction members that if their garment goes to State Fair and is selected as the Grand Champion Clothing Construction exhibit, they must attend the State 4-H Fashion Revue to receive their award.

The Baby Lock Decorator's Choice is sponsored by Baby Lock Sewing Machine Company and Sprinkles Sewing Center of Pueblo. This sewing machine offers a non-stick foot, adjustable zipper/piping foot and 11 other feet, the Decorator's Choice will give you the versatility to express your own personal style. This sewing machine is valued at \$1,399. Special appreciation to Jerry and Kathy Binfet, Sprinkles Sewing Center, for their continuous support of the 4-H clothing construction projects!

4-H Newsletter News

Club of the Month

We would like for the reporter/secretary to write up a short article telling about some of the great things that your club is doing. We would love to have pictures to include with the article. Articles are due the 10th of the Month before so Jan articles and pictures will be due on the 10th of Dec. Please make sure that your club participates as we all want to applaud the great things your clubs are doing!

Here are the clubs assigned to each month:

Jul. – Sunflowers & Evergreen Hillbillies (Due Jun. 10, 2009)

Aug. – Rough Riders & Evergreen Horsefeathers (Due Jul. 10, 2009)

Sept. – Pups N Pals & Royal Rebels (Due Aug. 10, 2009)
Oct. – Traildusters & Bear Valley 4-H (Due Sept. 10, 2009)
Nov. – Livestock Council & 4-H Achievers (Due Oct. 10, 2009)
Dec. – New Livestock Club & Compound Grizzlies (Due Nov. 10, 2009)

Please send all articles and pictures to Barbie Garnett at bgarnett@co.jefferson.co.us or fax them to 303-271-6644.

Quote of the Month

"Our lives are a sum total of the choices we have made"

Wayne Dyer

Are you into it? ™

Meetings

(What's coming up this month that you can't possibly miss?)

Dates to remember:

Leader Fair Entry Training

Tuesday, June 9, 7 p.m.

ECMR

Jeffco Fair Inc. Meeting

Wednesday, June 10, 6:30 p.m.

ECMR

Livestock Sale Committee/Livestock Council

Thursday, June 11, 5:30 p.m., 7 p.m.

ECMR

4-H Alliance

Tuesday, June 16, 6 p.m.

ECMR

Pre- State Conference Meeting

Tuesday, June 16, 7:15 p.m.

ECMR

Colorado State University Extension Office

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