



Morgan County



4-H Crossroads

January 2009

NEW YEAR! NEW LOOK!

With the New Year come changes. We are re-vamping the appearance of our newsletter and website. If you have any ideas or input as to how we can make the newsletter and/or website better for you, please let us know!



CONGRATULATIONS...

Western 4-H Roundup Winners

- Karla Baltazar – Home Environment
- Christine Dreitz – Demonstration Contest
- Ryan Dreitz – Demonstration Contets
- Matt Megel – Dog Obedience
- Sarah Goss – Consumer Bowl
- Hayley McMinn – Consumer Bowl
- Megan McMinn – Consumer Bowl
- Zane McMinn – Consumer Bowl

Time to Enroll for 2009

Youth Re-Enrolling in 4-H, should get their fees (\$17) and enrollment forms turned in to the Extension Office by January 15. After that date, the fee will be \$22 for returning 4-H members. Members may enroll in 4-H year round, but they must be enrolled by March 2 (March 1 falls on a Sunday) to exhibit at the 2009 Morgan County Fair. **PLEASE TURN IN COMPLETED FORMS (INCLUDING LEADERS SIGNATURE!!!)**



Third Graders Attending Stock Show

Most Morgan County 3rd grade students will be attending the National Western Stock Show the week of January 12-16. Extension Staff and the Morgan County Cattlemen will be accompanying the students. The transportation for the trips is being provided by the Morgan County Cattlemen's Association and Fort Morgan Young Farmers' Educational Foundation. Youth participate in a lesson provided by the Extension staff prior to their visit to help them learn more about Morgan County Agriculture.

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4-H Activities



2009

Leadership Development Conference and 4-H Day at the Capitol

LDC and 4-H Day at the Capitol are in the planning phases so please mark your calendars for January 23-25, 2009. 4-H Day at the Capitol is January 26.

The costs will be \$150 for each participant. This package includes: LDC program costs, two breakfasts, team meeting tracts, lunch, banquet, speaker and a dance. The registration fee for guests attending only the banquet is \$50. The conference will be held at the Renaissance Denver Hotel in Denver.

All youth 14 and over may attend. LAC and 4-H Council may help defray expenses. Sunday, January 25, 2009 attendees are encouraged to participate in the Colorado 4-H Night at the Nuggets.

Registration is due to the Extension Office by Monday, January 12, 2009

2009 YouthFest

Youth Fest is a leadership camp for 4-H members ages 9 – 13. It is scheduled for Feb. 13-15, 2009 (Presidents Day weekend). The camp is organized by the State 4-H Senate and will be held at Ponderosa Camp near Monument. This camp will be limited to the first 175 paying campers. Contact the Extension Office for Registration Information.

2009 4-H Day at National Western Stock Show is scheduled for Wednesday, January 21, 2009. If you are interested in discounted tickets to the Stock Show, call the Extension Office for more information.

Air Rifle Shooting

Start shooting early in 2009! Practices will be held from 6—8:30 pm. at the Multi-Purpose Building at the Morgan County Fairgrounds. If you have questions, please call Steve Kehm 542-9291 or George Trujillo 542-9134. Practice Dates: JANUARY 15 & 29 FEBRUARY 5 & 26 MARCH 5 & 26

E-mail: The Power of Communication

As we move into the new 4-H year, we are excited about all of the great opportunities available to 4-H youth and leaders. We will continue to utilize the *4-H Crossroads* as our main source of communication between the Extension Office and 4-H families and leaders. However, we are looking forward to using mass e-mail more and more to send reminders of upcoming opportunities, workshops and deadlines. If you don't already have an e-mail address that can be used for your family, we highly encourage you to set one up. While it is certainly not a requirement, it will help you to stay "in the know" and will be a source of "friendly reminders"! Once you establish an e-mail address, please provide it to the Extension Office. Remember, if your e-mail address changes throughout the year, please update it with our office.



4-H Meetings

Leaders Advisory Committee – Monday, January 19, 2009 5:30 p.m.

4-H Council – Monday, January 19, 2009 7:00 p.m.

4-H Exchange – Monday, January 19, 2009 7:30 p.m.

4-H Scholarships

***Please note:** Except for scholarships distributed directly by Morgan County 4-H, all information and forms can be found on the state website at

http://www.colorado4h.org/events_opportunities/scholarships/index.shtml

To apply for most of the scholarships offered through Colorado State University for the 2009-2010 academic year, applicants should complete the CSU Scholarship Application available online. By submitting this one application form, students will be considered for all appropriate scholarships at the University level. You can complete online beginning January 1. **The deadline for completing is March 1, 2009**

Applications for these scholarships are available on the internet or you can stop by the Extension Office and pick one up!

Due in January

Chuck Urano Memorial Scholarship Award – January 6, 2009

Due in February

Barbizon School of Modeling Scholarship – February 1, 2009

National Western Stock Show Scholarships – February 1, 2009.

Due in March

Johnson & Wales - Due March 1, 2009

Due in April

Colorado Agricultural Development Authority - Due April 1, 2009

CSU Collegiate 4-H Scholar – Due April 1, 2009

Portouw Family 4-H Photography - Due April 1, 2009

Smith Scholarship - Due April 1, 2009

Holthas Scholarship - Due April 1, 2009

Kimberling Scholarship - Due April 1, 2009

Sanstead Scholarship - Due April 1, 2009

Morgan County Cattlemen's Association Scholarship – April 17, 2009

Due in May

Guide Dog Raising/Training - Due May 15, 2009

F150 Truck Raffle Winner
Thanks to everyone for all the hard work with the 4-H Truck Raffle. More than 2,700 tickets were sold.

The winner of the truck was Barbara Barnes from Durango, Colorado. The truck was delivered to Barbara on October 16. She is a 22 year 4-H Leader in LaPlata County and has held numerous leadership positions in the 4-H program.

Congratulation Barbara!



4-H Information

2009 Project Updates

Computers--The Computers project is back and has all new curriculum. There are four manuals—Newbie Know-How, Inside the Box, Peer to Peer, and Teens Teaching Tech.

Newbie Know-How-This project is for **Junior, Intermediate and Senior** 4-H members. This manual is for beginners with little or no experience in computers. Youth will identify and use the basic components of a personal computer, and identify the similarities and differences in basic office software applications. 4-H members will need to have access to the Internet for this project.

Inside the Box-This manual is for **Intermediates and Seniors**. 4-H members will be able to identify internal computer components, operating systems and their processes, and develop knowledge of the building, maintenance and repair of computers.

Peer to Peer-This manual is for **Intermediates and Seniors**. 4-H members will demonstrate a basic understanding of what networking is and how it is accomplished, working with adults and peers to build a function network, while becoming familiar with the protocols and program languages that support computer networking. 4-H members will also analyze the negative impacts that exist as a result of networking, such as viruses and hacking.

Teens Teaching Tech-This manual is for the leader and for **Seniors** and will help 4-H members learn how to create a community-based computer lab and develop lesson plans to teach diverse populations basic computer skills.

Geospatial---The manual for this project comes as a CD from which the Extension Office can make you a copy, or print the manual at the appropriate costs. The CD contains:

- A table of contents
- General pages for the adult helper
- Activities in three levels: beginners Level 1, intermediate Level 2 and advanced Level 3
- A helper's guide for group activities

The Geospatial curriculum is divided into three levels: beginners, intermediates and advanced. These divisions are not age or gradelevel based, but instead are based on learners' experiences and skill level with geographic and geospatial topics. The goal is to offer a set of learning experiences and opportunities that will allow learners of all ages to increase their knowledge, skill, and understanding of geographic and geospatial-related ideas and problems.

All levels are for Juniors, Intermediates and Seniors

Beginner Level 1 Guide-Setting Out-4-H youth will learn about their "position" in the world, map making tools and symbols, and making maps. The activities in Level 1 can be successfully completed without the use of advanced technology, and target fundamental geospatial skills concepts and skills that are best learned before learners used advanced technology.

Intermediate Level 2-On the Trail-4-H youth will learn how the world of geographic and geospatial data helps users connect to information in different ways. 4-H members will interpret maps and determine what kinds of maps to make.

Advanced Level 3-Reaching Your Destination-4-H members will learn to describe their community on a map and where people live. As 4-H members progress from the beginning activities to the intermediate and advanced activities, they may want to borrow or purchase their own GPS units. Information about GPS units can be found on the projects web site at: www.4hccs.org/gisgps.

Contact the Extension Office for help with 2009 project requirements

Family & Consumer

Heritage Arts Projects

Would you like to learn more about spinning and weaving but don't know how to get started. Have we got a deal for you!

The High Plains Spinners and Weavers are willing to help anyone who wants to learn about these Heritage Arts skills. They have spinning equipment and looms available for loan to 4-Hers. In addition, they are willing to present workshops and work with the members.



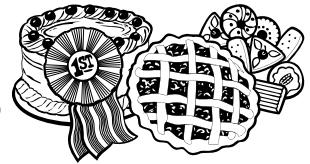
All are invited to attend their monthly meetings which are held on the 3rd Saturday in Brush or Yuma. More information is at www.home.mindspring.com or by emailing Diane Sprague at dmsprague@mindspring.com.

As with nearly all 4-H family and consumer projects, members in Heritage Arts are encouraged to make more than their exhibit item and consider entering it in the Open Class Division of the Morgan County Fair. We have special classes for youth in many of the divisions so you are not competing against adults with years and years of experience. The High Plains High Plains Spinners and Weavers are also providing special prizes for the champion youth exhibits in spinning and weaving.

We will announce more details in future months, but encourage 4-H members to try these projects. If you would like more information about project and exhibit requirements, contact Luann.

4-H Project Trainings

While we do not have specific dates set for 4-H Project Trainings during 2009, we do plan to offer several different workshops to help you get prepared for fair exhibits. Here are tentative trainings that you will hear more about in the coming months. If there are other project areas that you would like help with, contact Luann (542-3544).



We value your input, so please let us know how you would like this training put together, and what project training you would like.

Kid's Culinary Kamp will be a day-long event with hands-on skills to learn actual food preparation techniques. Last year's participants learned how to make yeast bread, pie, cake, and quick bread. We will probably focus on only 1 or 2 baking/food preparation skills this year to allow more time for youth to try different things within each skill area.

Registration will be limited due to facility size, and this will be for 4-Hers 8 years and older.

Cake Decorating Workshops will be provided again this year, but we may do a series of 1 hour workshops rather than one half-day workshop as in past years. This will allow youth to practice skills between the series of workshop - plus it is not such a long session for the many 8 and 9 year olds in cake decorating. The Yuma County Cake Show in mid-June is also available to learn skills.

Fiber Fun Day will be a day-long event for youth to spend intensive time on clothing construction, artistic clothing, and heritage arts projects. Tentative plans are for this to be held in the first 2 weeks of June.

Livestock

NEW! (COOL)

Country of Origin Label

Mandatory Country of Origin Labeling (COOL) was implemented starting on September 30, 2008 by the USDA. As a result, all beef, pork, lamb, and goat must have documentation as to the origin of the animals to be marketed in the U.S. and international meat industry. This act will require effective documentation of 4-H or FFA market animal projects that will be sold for meat purposes.



Please contact Marlin with questions or visit our website to print the form.

2009 Beef Weigh In

March 7, 2009

8:30 a.m. – 10:30 a.m.

Pinneo Feedlots (2 miles east of Brush on Hwy 34)

All market steers and heifers must be processed to compete at the Morgan County Fair. The Colorado Brand Inspectors require that all market beef animals be inspected at the tag day. On that day, all participants must bring their brand papers (Bill of Sale, purchase invoice) to be properly inspected. Breeding beef are not to be tagged.

CONGRATULATIONS!

RYAN ERNST was awarded the Market Beef from Morgan County Cattlemen's Association. The Cattlemen appreciate all youth who applied for these animals. Morgan County Cattlemen Association appreciates your enthusiasm in this program!

Morgan County Cattlemen's Association Scholarship

Two scholarships will again be awarded by the Morgan County Cattlemen's Association. The requirements are that you must be a graduating high school senior and expected to enroll in an agricultural degree program at any accredited college or university. The amount of this scholarship is \$500 granted for tuition for up to 4 years. Pick up applications at the Extension Office.

Application Deadline: April 17, 2009

2009 Fair Schedule Changes

FRIDAY:

RABBITS AND POULTRY

8:00 a.m.– 9:00 a.m.

Check in Rabbits (Rabbit Barn)

8:00 a.m.– 9:00 a.m.

Check in Poultry (Multi-Purpose Building)

9:00 a.m.

Poultry Judging

11:00 a.m.

Rabbit Judging

HORSE ID FORMS

DUE MARCH 2, 2009

Only **NEW** horses or **NEW** members with horses are required to turn in a horse ID.

ID's turned in for 2008 are valid for 2009. Check with Marlin if you have questions.

New Fair Board Livestock Rules for

2009 Morgan County Fair

DAIRY

NO STRAW ALLOWED. Only wood shavings and they will be provided.

GOATS

Breeding Goat show; Junior Kid—Born after Jan 1

Senior Kid—Born before Jan 1

Less than one year of age and kids teeth must be intact

HORSE

The County Fair 4-H Horse Show will remain on Sunday

LIVESTOCK or HORSE JUDGING ...

Call Marlin at 542-3543 if you are
interested in participating.

POULTRY

Selling two pens of market poultry. If the Champion poultry pen is also the champion Catch-It Chicken, the Reserve Champion pen of market poultry will sell.

SWINE

Market Swine must be at the fairgrounds by 6:00 pm Sunday

Pens will have two 2" X 10" boards bolted on the top of pens for tack

MARKET BEEF, GOAT, SHEEP, SWINE

Classes will be broken down with approximately the same number of animals in each class. Classes may be broken with same weight animals in two different classes. This will be more equitable for determining sale eligibility.

Contact Marlin if you have any questions - 542-3543

County Fair Dates July 31 - August 6, 2009

Identification and Weigh-In Dates (2009)

Forms available on our website and may be turned in earlier than due date

Species	Primary Care Begins	Weigh-In	I.D's
Horse	March 2		March 2
Beef (Market)	March 7	March 7	
Breeding Beef	May 1		May 1
Dairy (Cattle)	May 1		May 1
Breeding Animals (Sheep/Goats)	May 1		
Sheep/Goats (Market)	May 2	May 2	
Swine (Market)	May 4		May 4
Rabbits & Poultry (Breeding)	June 1		
Pen of Meat Poultry	June 25		June 25
Pen of Meat Rabbit	June 25		June 25

Extension News



Our 2009 health and fitness challenge begins Monday, January 26 with teams of 4 adults participating in the 12-week competition. This program helps participants start the new year by improving activity and exercise and learning about nutrition, health and fitness. Teams will keep track of steps using the pedometers they receive and complete health and fitness lessons that are on the Extension website.



Teams will earn points for weekly steps, percentage of team weight loss over the 12 weeks, and completing weekly lessons. At least 25% of entry fees will be given as CASH awards. We encourage friendly competition—maybe your club leaders challenge another club's leaders. Contact the Extension Office for details.

Positive Youth Behavior

CSU Extension will provide workshops to help adults have positive experiences when working with youth. Programs will be presented by Christine Cerbana, Extension Family Education Coordinator for CFERT. Programs will be the 1st Saturday of the month from February through June from 9 a.m. to 12 noon at the Extension Center. Topics include Understanding Age Appropriate Behavior; Positive Discipline and Behavior Support; Communication, Families as Partners; and Managing Challenging Behaviors. For leaders or parents who are in employment fields that need professional development, each workshop provides 3 hours. Contact Luann for details on these workshops.

Strong People Stay Healthy

Monday and Thursday, February 2 through May 14
5:30 - 6:30 p.m., Extension Office Meeting Room

This 12-week program uses exercises with hand and ankle weights to build strength, improve bone density and increase balance and flexibility. Registration is \$40 which includes program materials and weights are provided during the class. Register by Thursday, January 22. Participants will receive a packet of information to complete prior to the first class.

Order Seeding Trees



As a cooperator with the Colorado State Forest Service (CSFS), Morgan County Extension is taking orders for seedling trees. The seedling tree program enables farmers, ranchers, and rural landowners who own at least two acres of land to obtain trees at a nominal fee. The program encourages landowners to establish effective windbreaks; to reduce erosion; to protect homes, cropland, livestock, and highways; and to enhance wildlife habitat. CSFS Nursery trees and shrubs are grown for their conservation benefits only. Trees may not be resold as living plants. Trees and shrubs will arrive in late March or early April 2009. Contact Joanne Jones at 542-3542 for more information or to pickup a planning booklet or order form.

CALENDAR OF EVENTS

January

- 1 - New Year's Day, Extension Office Closed
- 6 - Horse Council Meeting, Extension Office
- 8-11 - Western RoundUp, Denver
- 12-16 - NWSS Third Grade Trips
- 10-25 - National Western Stock Show, Denver
- 15 - Air Rifle Practice, MultiPurpose Bldg Fairgrounds
- 21 - 4-H Day at NWSS
- 23-26 - Leadership Development Conference, Denver
- 29 - Air Rifle Practice, MultiPurpose Bldg Fairgrounds

February

- 5 - Air Rifle Practice, MultiPurpose Bldg Fairgrounds
- 13-15 - YouthFest, Ponderosa Camp
- 25-28 - Western Regional Leaders Forum, Denver
- 26 - Air Rifle Practice, MultiPurpose Bldg Fairgrounds

March

- 2 - 4-H ENROLLMENT DEADLINE (for fair participation)
- 2 - Horse ID's DUE
- 5 - Air Rifle Practice, MultiPurpose Bldg Fairgrounds
- 7 - Market Beef Weigh in, Pinneo Feedlot

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Hours: Monday thru Friday

8:00 a.m. – 4:00 p.m.



Janice Dixon
Extension Agent, 4-H/Youth