



Extension

Morgan County
PO BOX 517
914 East Railroad Avenue
Fort Morgan CO 80701
(970)542-3540



National 4-H Week October 5-11, 2008

During National 4-H Week, spread the word about 4-H. Help make the connection “with the 4-H community where young people across America are learning leadership, citizenship and life skills.”

Investigate 4-H Night

October 7, 2008
6:30-8:30 p.m.
Mark Arndt Event Center,
Morgan County Fairgrounds
You have an opportunity to help us recruit youth into 4-H. Bring your project and tell prospective 4-Hers about the great experience you are having in 4-H. Call if you can help!

4-H Exchange Continues

October 20, 2008
7:30 p.m.
Morgan County Extension Office area
4-H youth are fundraising and planning their trip to Williamson County, Tennessee for the summer of 2009. It should be great! Let me know now if you are interested in the next exchange program. You need to be 13 prior to Jan 1, 2010.

Are you into it? 

Janice Dixon
Extension Agent, 4-H/Youth

Special thanks to

Wade Hofmeister, Ryan Dreitz and Hayley McMinn for contributing articles and pictures to the special 4-H promotion insert that will be in the Fort Morgan Times sometime during National 4-H Week, October 5-11, 2008. There were many pictures sent to the insert from your record books, check it out, you may be there!



Organizational Leader Meeting

Organizational leaders received enrollment materials, a games booklet, ideas for 4-H agendas and met with the Morgan County LAC members last week to discuss county fundraising. If you weren't able to attend, please stop by the office and pick up your information. The project selection guide for 2008-2009 will soon be available.

Email:

morgan@ext.colostate.edu

Website:

www.extension.colostate.edu/morgan

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Colorado State University, U.S. Department of Agriculture and Morgan County cooperating. Extension programs are available to all without discrimination.

4-H Activities

2008-2009 ENROLLMENT

It's time to think about 2008-2009 enrollment. We have been receiving calls from prospective 4-H members families asking for referrals to clubs. **Organizational Leaders**—if you feel like your club is at maximum capacity, please let us know so we can refer them to other clubs.

LEADERS

As you plan for the 2008-2009 4-H year, please keep us up-to-date on potential changes in club status and leadership. As you sign up new 4-H leaders, they will need to complete the enrollment form and yellow application.

A primary emphasis this year will be to get new volunteers involved in helping 4-H members with projects and activities within 4-H clubs. This is an excellent way to “grow” the 4-H program.

4-H ENROLLMENT FEE

4-H enrollment fee will be \$17 per member in 2009.

FAIR PHOTOGRAPHS

Fair sale photographs are available at Lasting Images in Brush. All photos must be paid for when they are picked up.

FAIR PREMIUMS

Fair premiums are available through **October 31**. If you won an award or sold an animal, remember to bring your thank you note to the Extension Office when you pick up your premiums.

MORGAN COUNTY 4-H COUNCIL MEETING

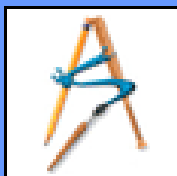
Election of officers will be held at the next meeting. Meet new friends and try new activities in 2009, run for a 4-H Council Office. **Next meeting is October 20 at 7 p.m. at the Morgan County Extension Office area.** There will also be a horse council meeting going on at the same time.

4-H COUNTY ACHIEVEMENT NIGHT

County Achievement Night will be on November 23 at the Mark Arndt Event Center at the Morgan County Fairgrounds.

LIGHTS ON AFTERSCHOOL 2008

On Thursday, October 16, at thousands of events around the country, Americans will rally for the after school programs that keep kids safe, inspire them to learn and help working families. To register your local event or to get tips on how to plan it, engage sponsors, interest lawmakers and the media-and much more.



Afterschool Alliance

4-H Activities

4-H Activities

Continued

NEW & CHANGES AFFECTING 4-H PROJECTS IN 2009

DOG

Members enrolled in the dog project will be **REQUIRED** to provide an Animal Care form to be turned in with enrollment forms.



COMPUTER

The computer project is back as a State Project. There are new and updated materials for this project.

NEW COUNTY PROJECTS

New projects introduced this year as a county only project are *Robotics* and *Geospatial*. There are manuals available from the State 4-H Office, so if you are interested in any of these topics, stop by the office to check out the materials and see if this project is for you.

A GREAT WEBSITE FOR 4-H LEADERS . . .

<http://www.4hvolunteersusa.org/resources.aspx> I think you'll find the resources page really helpful.

Things to check out include:

Cloverbud resources

Club officer training and installation ceremonies

Engaging youth with special needs

Organizational basics

Fundraising

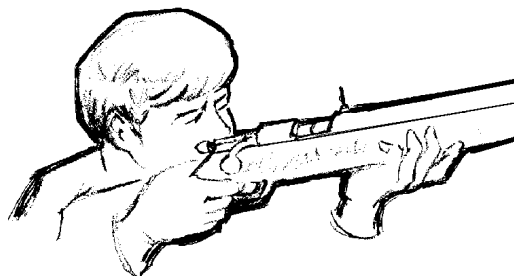
Ways to serve your community

WESTERN REGIONAL LEADERS FORUM (WRLF)

WRLF will be held in Denver in 2009. It should be a great opportunity to meet 4-H leaders from the 14 western states and pick new and exciting ideas for your 4-H club program. Put it on your calendar today. It will be February 25—March 1, 2009.

SHOOTING SPORTS—AIR RIFLE PRACTICE

Air Rifle practice will be held every Tuesday in October and November up until Thanksgiving. First practice is September 30 at the Morgan County Fairgrounds 6-8:30 pm. Call Steve Kehm at 542-9291 or George Trujillo at 542-9134 if interested.



Return by October 20

**Morgan County 4-H Council
Officer Application Form**

Office (s) Seeking _____

Offices Available: President, Vice-President, Secretary, Treasurer, Reporter, Senator (2)

Name _____ Phone _____

Address _____

E-Mail _____

Years of 4-H Work Completed, Including Present Year _____

Why do you want to run for a Morgan County 4-H Council Office?

4-H Projects and Activities completed, 4-H Offices held:

Family & Consumer Science

Family & Consumer Science

START ON YOUR RECORDS NOW!!!!

Did you know you do NOT have to wait for your records to start keeping track of your project activities? If you get in the routine and start now—it will be a breeze when you finish the books next summer.

The first step is setting your goals and these will vary drastically depending on your age (Junior, Intermediate, or Senior 4-H level) and also the number of years you have been in a project. As you spend more years in a project area, you should plan on more extensive goals that will provide a challenge.

As far as recordkeeping, there are several ways you can do this. If you use a computer, set up a file—ideally one for each project you are in. Each time you do an activity, attend a meeting, purchase an item, etc., you will record it. When it's time to finish records next summer, you can probably do a lot of cut and paste into the record form. Then all you have to do is write a summary of your project year and WOW—the record book is done!!!

Here are some examples of what you need to keep track of for Family and Consumer projects.

Foods—record all foods of any kind that you prepare

Clothing—record any sewing or decorating you do; also any care of clothing you do

Heritage Arts—record any type of heritage arts you do, even if it is not the unit enrolled in

Home Environment—record any items you make or decorate for your home, or other housing related activities

Cake Decorating—record any decorating regardless of method, but remember you'll also need 4 cakes decorated with specific unit skills

Child Development—keep track of any work you do with young children

MAKE IT YOURSELF WITH WOOL

Saturday, December 6, Burlington, Colorado

This event is open to anyone who makes a garment using a minimum of 60% wool fabric or fibers such as mohair, cashmere, alpaca, camel, llama, etc. Garments can be constructed, knitted (machine or hand), crocheted, or felted.

Entries Due—November 1, 2008

Entry Categories are:

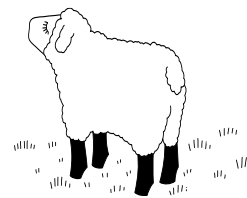
Pre-Teen: 12 years and under

Junior: Ages 13-16

Senior: Ages 17-24

Adult: Age 25 and Older

Made for Others: Any Age



Judging of this event is on construction, fit, suitability to individual, and poise. First place winners in junior and senior categories receive a trip to San Diego for the national contest in January. Contact Extension Office for entry information.

Livestock & Horses

LIVESTOCK COUNCIL MEETING

October 16th
7:00 p.m.

Extension Office

Discussion will be held on any 4-H livestock concerns, county fair record books, quality assurance programs. Leaders, parents and 4-H members are encouraged to attend this meeting.

HORSE COUNCIL MEETING

October 20th
7:00 pm

Extension Office

The FairBoard has been approached to have the Horse Show on a week day instead of the traditional Sunday for the County Fair. We need your input. Leaders, parents and 4-H members are encouraged to attend this meeting.

NATIONAL WESTERN ENTRIES

Entries for market swine, lambs and goats are due November 1, 2008 to National Western Stock Show. Junior market steers and Junior breeding beef are due November 20, 2008. Junior breeding sheep are due December 1, 2008. Market goats are limited. For more information and ownership dates, contact Marlin at the Extension Office.

2008 COLORADO DAIRY YOUTH FOUNDATION AWARDS

Champion	Jessica Veeman
Reserve Champion	Cole Collier



NWSS CATCH-A-CALF APPLICATION

A copy of the 2009 National Western Stock Show Catch-A-Calf application and program rules and regulations is now available.

Applicants must be between the ages of 12 and 18 as of Dec. 31, 2008 to apply, and also enrolled in 4-H at time of application. Successful catchers must have adequate facilities available to house their steer as they are responsible for the care, feeding and handling of their animal. Contact Marlin at 542-3543 for more information.

2008 HERDSMAN AWARD WINNERS

Rabbits	Timothy Brasby
Poultry	Wyatt Oblander
Goats	Jace Mortensen
Swine	Brett Bostrom
Lambs	Colton Unrein
Beef	Shelby Teague
Dairy	Shan Sherwood
Horse	Ashlee Hayes

Outstanding Club Open Range 4-H

2008 CARCASS WINNERS

Champion Beef	Kaleb Staley
Reserve Champion Beef	Alison Pogorelz
Champion Lamb	Ellen Baughman
Reserve Champion Lamb	Shelby Teague
Champion Swine	Ryan Probasco
Reserve Champion Swine	Erica Dardanes
Champion Goat	Chelsea Linton
Reserve Champion Goat	Maddie Brashears

More State Fair Results...

BREEDING BEEF

Charlee Teague	Supreme Jr & Open Female Champion Shorthorn Heifer 1st place junior heifer calf 1st place spring yearling heifer 2nd place senior heifer calf
Shelby Teague	Res Champion Shorthorn Heifer 1st place senior heifer calf 4th place senior heifer calf Champion Jr Showman
Tucker Teague	1st place junior yearling heifer 3rd place senior heifer calf

MARKET BEEF

Skyler Seewald	2nd place market steer
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GOATS

Charlee Teague	3rd place Jr Showman Champion Heavy Wt Goat 1st place market goat 2nd place market goat 5th place market goat
Shelby Teague	Champion Jr Showman 2nd place market goat 3rd place market goat 4th place market goat
Lynnette Bass	Res Champion Sr Showman 5th place market goat
Chelsea Linton	3rd place market goat
Jace Mortensen	5th place market goat
Courtney Bass	Participant
Lindsey Endsley	Participant
Madison Linton	Participant
Emma Mortensen	Participant

LAMBS

Charlee Teague	Champion Light Wt Lamb 2nd place market lamb 3rd place market lamb
Shelby Teague	2nd place market lamb 2nd place market lamb 3rd place market lamb
Lynnette Bass	3rd place Sr Showman 9th place market lamb
Jace Mortensen	6th place market lamb
Kevin Bass	7th place market lamb
Courtney Bass	Participant
Justin Bass	Participant
Lindsey Endsley	Participant
Zach Lebsock	Participant
Emma Mortensen	Participant
Ryan Probasco	Participant

SWINE

Tucker Teague	Res Champion Jr Showman 6th place market hog 7th place market hog
Danielle Lebsock	7th place market hog
Maverick Seewald	7th place market hog
Courtney Bass	Participant
Justin Bass	Participant
Aimee Lebsock	Participant
Hallie Lebsock	Participant
Zack Lebsock	Participant
Alek Muhr	Participant
Sydney Odle	Participant
Ryan Probasco	Participant

Extension News

Extension News

The following programs will be offered this fall by our office.
Contact the Extension Office at 542-3540 to register or for more information.

NE Colorado Diabetes Health Fair

Saturday, October 18
8 a.m.—12 noon
Northeastern Junior College, Sterling

This annual health fair provides speakers, screenings, flu shots, food demonstrations, and lots of information from vendors or diabetes products and resources. Featured speaker is Gina Rutz from East Morgan County Hospital presenting “How Sleep Impacts Your Health”. All events, except flu shots, are FREE including transportation by calling County Express at 867-6494.

Strong People Stay Healthy

This 12-week program builds bone density, improves strength, and increases flexibility and balance. Added benefits of the program are lower glucose levels for diabetics, less pain for arthritis sufferers, and lower blood pressure and cholesterol for those with heart disease.

The program includes doing specific exercises at a slow pace for maximum muscle resistance. Participants complete a set repetition that builds strength and increases their hand and ankle weight at an individual rate. Exercises have been developed based on research from Tufts University and class leaders have completed training.

The Fort Morgan class begins October 14 and will be from 10 to 11 a.m. each Tuesday and Thursday until late January. We also hope to begin an evening class at the Extension Center in early 2009. If you would like to receive more information on Strong People Stay Healthy, call Luann at 542-3544.



MORGAN COUNTY GARDENERS

Morgan County Gardeners meet to share garden ideas on the second Thursday each month at the Extension office meeting room at 7:00 p.m. Anyone interested in gardening is welcome to come and share the evening.

SEEDLING TREES FOR 2009

Beginning the last week in October, 2008 the Colorado State University Extension office in Morgan County will begin taking orders for the CSU Forest Service's Seedling Tree Program. The purpose of the program is to enable farmers, ranchers, and rural landowners to plant new effective windbreaks that will reduce erosion, protect homes, cropland, live-

stock and highways and enhance wildlife habitat, at a nominal cost to the landowner.

The landowner must have at least two acres of land; agree not to use the plants in ornamental or landscape plantings or resell the plants as living material.

Bare root trees are available in multiples of 50 per species and small and large potted trees are available in multiples of 30 per species. Trees will arrive at the Extension offices in late March or early April, 2009.

Stop by the Extension office and pick up the booklet “Trees for Conservation: planning, planting, care” available to help plan before ordering and planting.

COLORADO MASTER GARDENERSM TRAINING FOR 2009

Morgan County Extension is offering Colorado Master GardenerSM Training in 2009. Classes begin February 17, 2009 and will be held on Tuesday and Thursday nights from 6 – 9 p.m. with the exception of two Saturday classes. Classes will run for eight weeks and will be held in the Extension office meeting room and will be taught by Colorado State University instructors using a distance learning format. Topics include how plants grow; plant health care and diagnostics; soils, fertilizers, soil amendments; entomology; weeds; tree selection and planting; lawn care; irrigation management; plant pathology and a local program to be decided by the class members. A fee for the eight week class session which includes class supplies, a Colorado Master Gardener manual and the fee for a required background check will be collected when participants are accepted into the program.

For more information on seedling trees; Master Gardener training or the Morgan County Gardeners, contact Joanne Jones at the Morgan County Extension office at 970-542-3542.

