



MESA COUNTY 4-H FEBRUARY 2009 NEWSLETTER

It takes guts... to leave the ruts!

I challenge each and every one of you to try something new this year. Set a goal that you wouldn't normally think about doing. Such as: "Attend one of our county activities!" Maybe your club is involved in a lot of different activities, go help with one which really isn't your thing. You never know what you'll find. You might like it.

Message from your Prez;

TIPS TO SETTING GOALS:

1. Identify a need/wish: what and why
2. Set your goal: what and why
3. Develop your plan: who and how
4. Know your challenges and resources
5. Financial plan-budget-:how to pay?
6. Timeline: when, what, and who
7. Implementation and revisions: making 1st step and changes made
8. Preparing for success and failure
9. Accountability

"Make a Commitment to Excellence"

This year the 4-H Council Officer team is striving for Excellence. We ask that you all as members of the Mesa County 4-H program also strive for excellence. Let's get 4-H out into the community in full force this year.

Attention Dog Obedience Participants!

The orientation meeting for this year's project will be on Sunday, February 22 at the C Building at 2pm. Please bring your written documentation of rabies vaccination and county license to this meeting. We will complete registration

Dolores and Dinah Need Your Help

If you move we need you to contact the Extension office and let us know, so we can get your address changed for the future mailings (newsletters, project information and etc). Believe me, we can't read your mind and we don't know when you move or where you moved too... Plus, we are now required to have the return to sender on our mailings, which cost us every time we receive a letter back to the office. So, please help us out and keep us up dated on your contact information.

Last Newsletter, if you don't get re-enrolled.

Please contact your local 4-H club organizational leader and work with them on getting re-enrolled. Even though we had your information in the computer last year, doesn't mean we still have your information. We close the books out and aren't able to transfer you all into this new year, without your enrollment form. So, please get re-enrolled.

Shooting Sports Leaders

The state Shooting Sports Committee has confirmed Delta as a site for a March 20-22, 2009 4-H Shooting Sports Leaders Certification Training. So, if you need or want to get trained in a particular discipline, you can not ask for one closer.

I am pleading to each and every one of you leaders in the Shooting Sports program. We really need to get more adults trained in the different disciplines, our current leaders who are trained have too many youth to work with and they need some help. I highly suggest you take advantage of this training being so close to home.

Electronic Newsletter

We really would like to take the newsletter to an electronic format. So we need you to contact the office by the first of March and let us know your current email address in order to continue sending you the newsletter. Again for those of you who don't have an e-mail, we will continue to send you a hard copy of the newsletter.



2009 Mesa County Sewing Workshops

Back by popular demand...Sewing Workshops right here in Mesa County! If you are a beginner or have some sewing experience you will learn valuable skills at these workshops. These classes will be a combination of demonstrations, make-and-take projects and independent project work. Not to mention we have a really good time! Please note the different locations for these classes. I was only able to get a few times in the Hi Fashion Fabrics classroom so I scheduled times at the Fairgrounds also (look for us in the "C" bldg or the Jockey Bldg).

Dates: Saturday, Feb. 7, at Fairgrounds,
9:00a.m. - noon

Saturday, March 7, at Hi Fashion Fabrics,
9:30a.m. - 12.30p.m.

Thursday, March 12 (Spring Break), at Hi Fashion
Fabrics, 9:30a.m. - 12:30p.m.

Saturday, March 21, at Fairgrounds,
9:00a.m. - noon

Saturday, April 11, at Fairgrounds, 9:00a.m. - noon

Saturday, May 9, at Fairgrounds, 9:00a.m. - noon

More sessions will be scheduled as needed, dates to be announced. Please call me for more information and to reserve your spot, Jill Fasken, 464-0479.

4-H and Nickelodeon Partner to Launch New Online Game

National 4-H Council has partnered with Nickelodeon's "Big Green Help" to create a brand-new, interactive online game – "Flip N'Flow" – featuring the network's animated boy-genius Jimmy Neutron. The game is in support of 4-H's Science, Engineering and Technology communications campaign to spark youth interest in science and prepare one million new young people for America's technology workforce.

The "Flip N Flow" game is available online at www.4-H.org

