



# MESA COUNTY 2009 JANUARY 4-H NEWS

## Everybody needs some great guidelines

to follow and positive outlooks so here are some goals/quotes to think of:

1. A sharpe tongue can cut your own throat
2. If you want your dreams to come true, you mustn't over sleep.
3. Of all things you wear, your expression is the most important.
4. The best vitamin for making friends.....B1
5. The happiness of your life depends on the quality of your thoughts.
6. The heaviest thing you can carry is grudge.
7. One thing you can and still keep....is your word.
8. You lie the loudest when you lie to yourself.
9. If you lack the courage to start, you have already finished.
10. One thing you can't recycle is wasted time.
11. Ideas won't work unless "you do".
12. Your mind is like a parachute, it functions only when open.
13. The pursuit of happiness is the chase of a lifetime! It is never to late to become what you might have been.

Have fun with these and stay positive where ever you might be!

~beccanator~ 4-H Council President

## Friendly reminder for the leaders ☺

Just like the members, it is that time of year that you need to re-enroll. So as you are getting all the members signed up, don't forget to sign yourself up.

We are not able to re-enroll any leaders who have not completed a Volunteer Application (in addition to the enrollment form). We only need this application once, so if you filled it out last year, you are good to go. If you were a new leader last year, or are new this year, you must take a basic Leaders Training. Call the Extension Office to find out about training (244-1835). We are having a leaders meeting in February.



## 4-H Volunteer Training ( E-Learning Course )

This on-line training course is designed to help adults become familiar with Colorado 4-H Youth Development programs. The course has four components: About 4-H, Youth Development, Leadership and Teaching and Getting Started in 4-H. Each module will take 15 - 20 minutes to complete.

You can access this training at:

<http://www.colorado4h.org/volunteers>. You will need a password in order to begin, so contact the Extension Office 244-1835 to obtain your password.

## Call Ahead!!

Members, Parents, and Leaders, we need your cooperation. There are days that neither Dolores nor Dinah are in the office and the other office staff do not know where everything is or can not sign the forms for the 4-H program. So now, you have made the long trip into the office and can not get your question answered, your paperwork signed or can not pick up the materials that you were needing and you are extremely frustrated and the office staff feels bad, because they can't help. In order for this not to happen, we are asking that you call ahead. We will be happy to lay out the needed materials and let our co-workers in the office know that you are coming in to pick up. Plus, you can find out if we will be in if you need a form signed. Thank you!

## Beef Members

Weigh-in is scheduled for Saturday, February 7<sup>th</sup>, from 10:00 – Noon. You must be enrolled in the beef project by February 6<sup>th</sup>, in order to weigh.

Beef Members, you also need to know that your superintendent and several parents and leaders are planning some excellent programs and activities for you to take part in this year. I suggest you make it a goal of yours to attend some of them. You really are missing out, if you don't go see what they are offering.



## **Record Books**

Record books will be online again this year. If you need the books printed off for you, please let your leaders know or call the extension office and we will be happy to print all of the pages that you will need. Leaders we need your help, if one of your members tells you they need the record books printed, you don't have to do this yourself, you are more than welcome to contact the extension office and we will be happy to get them printed for you. I am planning to do some e-record book training again this year, in order to assist you all in trying to understand the books and hopefully make it a little less painful. So I encourage you all to come and get some tips. For those of you that received a low score (70% and below) on your record books this last year, you will be **required** to come to one of these trainings in order to be eligible to finish this 4-H year. If anyone has any questions, please call the Extension office 244-1835.

## **It will be here before you know it.....**

4-H members who are going to participate in the 4-H program, we have to have your enrollments

back in the office by February 2, 2009. If we don't have your enrollment by then, you will have to pay an addition \$5. Plus, you will stop receiving this wonderful newsletter which is your informational highway to the 4-H program.

**Horse Members the Triple E** (Equestrian, Enrichment Evenings) are scheduled for the second Monday of each month, starting January 12, at 6:30 pm in the Jockey Room at the fairgrounds. Everyone is welcome to attend, even if you aren't taking a horse project. Come learn and have fun!!! Those of you in Horseless Horse, this would also be good for you.

**CLOVER BALL TICKETS** are available in the office. The Clover ball is scheduled for April 4, 2009. We have an early 4-H ticket price for all of you to take advantage of and it will end on February 1, 2009. This early 4-H ticket price is \$30 prior to that February 1<sup>st</sup> date and after that, the tickets will go up to \$50. So, if you would like to show your appreciation to someone special to you and your 4-H projects, this would be a great Thank You gift. For more information, contact the Extension office 244-1837.

