

Get the Scoop
About 4-H
in Delta, Mesa,
Montrose & Ouray
Counties!



4-H News



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www.tra4h.org



FEBRUARY 2009



4TH ANNUAL TRA 4-H HORSE EXPO

FEBRUARY 14, 2009
9:30 A.M. – 12:30 P.M.

DELTA-MONTROSE TECHNICAL
COLLEGE

The Montrose Horse Leader's Council is proud to present this to the public for the fourth year! We are excited about this year's Expo and want to welcome everyone to attend and learn more about horses. This event is the only function we host that is open to the public. The goal of the Expo is to educate the public, promote safety, health care, and show folks how to just plain have fun with, and around, horses! Bring yourself, your friends and ~ if you are in 4-H - don't forget to bring your e-record book from last year!

A tack swap is planned again this year with 15% of sales going to the Montrose Horse Leaders Council. Please bring your tack by 9:00 A.M., priced with your name on the tag, and the Council will sell it for you!

Your guide to the information inside:

Garden Project	4-H Cookbooks	Sheep & Goat Member Info
What to Expect from Your Club	Wholesome Meat Class	Shooting Sports Certification
Important Dates	Record Book Info & Changes	59 th Annual Delta Beef Roast
Livestock Field Days	Colorado Focus Trip	
Swine Field Day	Kids & Money Info	
Livestock Weigh-ins	District 10 Retreat	

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Important Dates!

TRI-RIVER AREA

- **Feb. 2, 2009** – Deadline for regular member enrollment to avoid \$5.00 late fee (not applicable to Cloverbud or Leader enrollments)
- **May 1, 2009** – Deadline for enrollment to be able to participate in County Fairs. Deadline for all project additions and deletions.

Livestock Field Days - We Got 'Em & You Should Attend

Watch for more detailed information on these different field days in future newsletters:

- Rabbit Field Day – 2/21/08 – Mesa County
- Horse – 2/14/09 – Delta Montrose Technical College
- Swine – 3/21/09 – Delta County
- Sheep/Goat – 3/28/09 – Mesa County
- Beef – 4/11/09 – Loma Sale Barn
- Dog – 4/25/09 – Lions Pavilion, Bill Heddles Rec Center, Delta
- Horse – to be announced
- Poultry Fun Day - 6/17/09 – Delta County

Swine Field Day

This year's Swine Field Day has been scheduled for March 21st at the Delta/Montrose Vocational Technical College. The day will begin at 9:00 AM, with a break for lunch on your own and wrap up about 3:00 PM. Topics to be covered include, but are not limited to: E-records, Nutrition/Feeding, Daily Care, and Show ring preparation.

We encourage every swine member to participate in this informative and fun day! For more information, contact Dinah Peebles 970-244-1837.

TRA Livestock Weigh-in and/or Tagging Dates

Delta County

Beef - February 7, 2009

10:00 AM – 12:00 PM

Swine - April 11, 2009

7:00 AM – 10:00 AM

Sheep/Goats - May 5, 2009

5:00 – 7:30 PM

Mesa County

Beef – February 7, 2009

10:00 AM – 12:00 PM

Swine Tagging – May 7, 2009

6:00 PM – 9:00 PM &

May 9, 2009 - 8:00 AM – 10:00 AM

Sheep/Goats - May 5, 2009

5:00 PM – 7:00 PM

Montrose County

Beef – January 31, 2009

10:00 AM – 12:00 PM

Swine "Tag-in" - May 8, 2009

4:00 PM – 6:00 PM

Sheep/Goats - May 15, 2009

4:00 PM – 6:00 PM

Ouray County

Beef – To be determined

Swine/Lamb/Goat – June 6, 2009

8:00 AM – 10:00 AM

The Cookbooks Are Here!



Don't have a 4-H Cookbook yet? You had better grab one soon because this cookbook is filled with lots of really neat stuff!

Each cookbook is \$13.00 and the proceeds from the sale of the cookbooks go toward each county program directly. Stop by your local Extension Office today and get things cookin'!

Wholesome Meat Act Classes

The following is the “Official” State 4-H policy regarding the Meat Quality Assurance Act and the required training:

- ★ Any 4-H member enrolled in a market or breeding livestock project that has not previously attended training **must do so**.
- ★ Any 4-H member who was a Junior (age 13 or under) and is moving into the Senior division in 2009 (age 14 as of January 1, 2009), will be required to attend the training.
- ★ **Everyone** enrolled in a 4-H livestock project must sign the Tri River Area 4-H Commitment to Excellence.

In summary, all 4-H members must attend the Wholesome Meat training once as a Junior (13 and under) and once as a Senior (14 and over).

The following is a tentative schedule of training sessions available in the Tri River Area.

April 23 – Delta County
April 27 – Mesa County
April 29 – Montrose County
April 30 - San Miguel County
May 18 - Delta County
May 19 - Mesa County
May 20 - Montrose County

Locations and times will be announced in future newsletters. Please be on the lookout for this information!

You may attend training in another county if you cannot make the date scheduled in your county. Be sure to sign in when you arrive, this way we have a record of you attendance.

Livestock & Horse Record Book Info

Below are the requirements for the 2008-2009 Livestock and Horse record books:

1. **Livestock record books will be *one per specie***. Market and breeding projects may be kept in the same book, however beef will need a book, sheep will need a book, swine will need a book, etc.
2. You do not have to keep a different record for each horse. Records for several different horses can be kept in the same record book.
3. ALL record books must be turned in to the Extension Office with some type of binding. This can include three ring binders, acco or brad type binders, or just simply by stapling all pages together. Binding must hold all pages securely.

ALL additional information that is included with a record book (i.e. feed labels, photos, plans, patterns, etc) must be securely affixed within the record book.

Livestock, Horse & Dog E-Records Rule Change

Effective for the 2009 4-H Year the Tri River Area will have some new rules regarding Livestock (beef, sheep, swine, poultry, llama, and rabbit), Horse & Dog e-records. They are as follows:

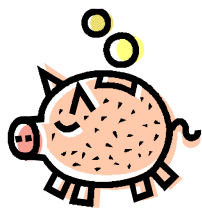
- All members are required to turn in a 70% completed e-record for every project in which they enroll.
- If your e-record falls short of the 70% completion than you will not be allowed to re-enroll in that project the following year.
- All e-records will have due dates and there will be no exceptions made for late e-records. If you fail to turn in an e-record you will not be allowed to re-enroll in that project regardless of years in project.

Please note: Members will be allowed to attend a mandatory e-record training *only if it is their first or second year enrolled in the project* to be eligible to re-enroll in that project. If a member does not complete this training by the date established within their county, then their enrollment in that project will be dropped.

2009 Colorado Focus Trip

During this trip, we will focus on Citizenship and you will “follow in the footsteps” of local State Legislators to learn what they do and how they do it, tour the Capital and other State offices, not to mention all the fun we have!

Total cost of the trip will be \$175; one half of the cost will be the member’s responsibility and the other half the 4-H council or sponsoring organization. For an application, contact your local Extension Office or access it online at www.tra4h.org under “current events”. If you have any questions pertaining to the trip please contact Dinah Peebles 970-244-1837. Applications are due back to your local Extension offices by February 2, 2009.



Kids & Money Info

This month our newsletter features information from North Dakota State University that is designed to open up the lines of communication between kids and parents regarding money. We have included the sheets on Value for Your Money. They include information on making the best purchase for your money and includes a brief spending diary. These activities are designed to help your kids understand how to get more value for their money.

For more fun ways to learn about money Colorado 4-H offers the Consumer Savvy project which helps youth learn how to make sound consumer decisions, manage personal resources, and the value of money. Financial Champions, another project offered by 4-H, is designed to help youth identify money personalities and values, determine ways to use and save money, and investigate influences of advertising on consumer decisions. Check out these projects today!

District 10 Retreat

This year’s District 10 meeting, which is scheduled for March 14th, will have a totally NEW LOOK. Instead of just hosting a annual business meeting we would like to host a Retreat open to all District 10 4-H’ers. The Retreat will be held in Montrose and will begin Friday night, March 13th night with fun and games. Saturday, March 14th, we will have workshops and activities going on all day long as well as hosting our annual meeting, wrapping up the day with a dance. Sunday, we wish everyone a safe trip home. As you can see, we will be spending the nights in Montrose. We hope that each of you will consider coming and participating in our first Retreat. The agents and District 10 officers are really excited to be putting this all together. More information will be sent out at a later time. If you have questions, please contact either Trent 249-3935 or Dinah 244-1837.

Sheep and Goat Members!

It's the time of year when sheep and goat members begin to consider what to look for in their projects and where to purchase them. Keep in mind the following three bits of information when selecting an animal:

- What are the age requirements for your county fair?
- What are the weight requirements for your county fair?
- What traits are you looking for? (If you are in need of this information please contact your local CSU Extension Office.)

Finally, attend the Sheep and Goat Field Day which is Saturday March 28th, 9 AM – 3:30 PM. at the Mesa County Fairgrounds. We will be covering e-records, nutrition, evaluation and showmanship. Contact Trent Hollister (970/249-3935) with questions or concerns. Good luck with selecting your projects!

Shooting Sports Leader Certification

The State 4-H Shooting Sports Leadership Team has selected Delta for one the 4-H shooting sports leader certification training sites for 2009. The training will begin on Friday, March 20, at 6 PM and will end on Sunday, March 22, by Noon. Leaders will have the opportunity to choose training in one of the following disciplines: air pistol, air rifle, .22 rifle, archery, muzzleloading, shotgun, range safety officer, and shotgun games.

The 4-H shooting sports project has become one of the most popular 4-H projects for many members. In order to meet the growing demand for more certified leaders, we need more 4-H parents to get certified to become shooting sports leaders. Naturally, when parents take the time to learn more about the 4-H approach to shooting sports, they are better able to encourage and guide these eager young shooters and the members tend to become more interested and motivated to increase their performance.

Registration forms are now available at local 4-H offices. These are also available online through the Colorado State 4-H Shooting Sports Website, _____. The registration fee is \$85. This includes all materials, access to training equipment and supplies, as well as lunch and snacks. Please check with your local county 4-H office to learn of registration stipends that may be available to help you cover registration costs.

When new leaders complete their training, they will receive a Colorado State 4-H Shooting Sports Leader Certificate. This will allow them to teach shooting sports members in the particular discipline completed. After the training, new leaders need to enroll in their county 4-H program in order to be in their county's leader mailing list and receive their monthly 4-H newsletter. There's no additional cost to enrolling as a 4-H leader.

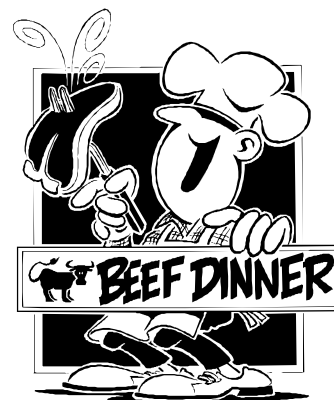
Rabbit Field Day

The 2009 TRA 4-H Rabbit Field Day has been scheduled for Saturday, February 21st at 9:00 AM in the Jockey Room at the Mesa County Fairgrounds. The program will focus on teaching members the basics of getting started with their 4-H rabbit project.

Discussion topics will include: animal selection, nutrition, management and care, housing, grooming, and showmanship. Members are encouraged to bring their healthy rabbit to the field day. There's no fee for the training and lunch is on your own. For more information, please contact Vicki Miles at 872-3646, or Susan Asnicar at 249-1166.

Delta County 4-H Beef Roast

Delta County 4-H'ers will host their 59th annual 4-H dinner featuring "roast baron of beef" on Sunday, March 8, 2009 from 12:00 PM to 3:00 PM.



The complete dinner is available in two locations: The Delta Middle School cafeteria in Delta and the Hotchkiss High School cafeteria in Hotchkiss. Carry out is also available. Ticket prices are \$8.00 for adults and \$4.00 for children under 12.

Plan your Sunday, March 8, 2009, to enjoy this delicious beef dinner with us. Dinner includes mashed potatoes, gravy, coleslaw, vegetable and cheesecake. Proceeds help to support Delta County 4-H programs.

For more information please contact the Delta Extension Office at 874-2195.

The Gardening Project

Begin planning your 2008-2009 Gardening project now. Fall and winter are the perfect time to design a garden, plan care schedules, research your plants, and decide what type of gardening you are going to do.

What do you think? Are you interested in flower gardens or vegetable gardens; testing soil or plant experiments; selling your vegetables or becoming a landscape architect?

Enroll in the 4-H Gardening Project and find out how fun “working the earth” can be!



What Should I Expect From My 4-H Club?

As a new family, the 4-H experience can be confusing! Your new 4-H club needs to be able to ease the transition. Let's explore what new families can (and should) expect from their 4-H clubs

1. Notice of 4-H club meetings and/or a printed schedule of club meetings for the year.
2. Information provided at one of the first meetings: Project list, enrollment forms, as well as information on what 4-H costs.
3. Information provided at all meetings: Review of the 4-H Calendar of Events (included in the monthly newsletter); review of the monthly newsletter and/or recent mailings from the 4-H Office, reminders of upcoming deadlines, and the requirements to meet these due dates; what's coming up in the club and how do members participate, as well as how parents can get involved.
4. Demonstrations by different club members that show the different projects members are involved in.
5. The opportunity for your child to give back to the community through service projects... flower gardens at the fairgrounds, community clean-up, caroling at nursing homes, the possibilities are many!
6. The opportunity for members to build leadership skills through serving as a club officer, on a committee, leading the American or 4-H pledges, participating in a business meeting, etc
7. The opportunity for your child to have FUN with friends (new and old) through recreational, social, educational, and/or competitive activities.

Most of all, families should feel that their club is a welcoming place for your child to learn and grow through the 4-H Program where everyone works to “Make the Best Better.”

Adapted from the Kit Carson County Newsletter, October-December 2008



**Colorado
State
University**

Extension

<http://www.coopext.colostate.edu/TR44h/>

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